



APRIL 1–7, 2024

Unreality

GOLDEN TEXT

Psalms 107:2, 4 (to :), 6

Let the redeemed of the Lord say so, whom he hath redeemed from the hand of the enemy; . . . They wandered in the wilderness in a solitary way; . . . Then they cried unto the Lord in their trouble, and he delivered them out of their distresses.

RESPONSIVE READING

Zephaniah 3:14–16 (to :), 19 (to :), 20 for;
Isaiah 43:2, 19; 45:22

Zeph. 3:14 Sing, O daughter of Zion; shout, O Israel; be glad and rejoice with all the heart, O daughter of Jerusalem.

15 The Lord hath taken away thy judgments, he hath cast out thine enemy: the king of Israel, even the Lord, is in the midst of thee: thou shalt not see evil any more.

16 In that day it shall be said to Jerusalem, Fear thou not:

19 Behold, at that time I will undo all that afflict thee: and I will save her that

halteth, and gather her that was driven out;

20 . . . for I will make you a name and a praise among all people of the earth, when I turn back your captivity before your eyes, saith the Lord.

Isa. 43:2 **When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.**

19 Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness, and rivers in the desert.

45:22 Look unto me, and be ye saved, all the ends of the earth: for I am God, and there is none else.

SECTION 1

The Bible

1 | Psalms 143:9 (to :), 10

9 Deliver me, O Lord, from mine enemies:

10 Teach me to do thy will; for thou art my God: thy spirit is good; lead me into the land of uprightness.

2 | Exodus 3:1, 7, 8 (to ;), 10

¹ Now Moses kept the flock of Jethro his father in law, the priest of Midian: and he led the flock to the backside of the desert, and came to the mountain of God, even to Horeb.

⁷ And the Lord said, I have surely seen the affliction of my people which are in Egypt, and have heard their cry by reason of their taskmasters; for I know their sorrows; ⁸ And I am come down to deliver them out of the hand of the Egyptians, and to bring them up out of that land unto a good land and a large, unto a land flowing with milk and honey;

¹⁰ Come now therefore, and I will send thee unto Pharaoh, that thou mayest bring forth my people the children of Israel out of Egypt.

3 | Exodus 6:6

⁶ Wherefore say unto the children of Israel, I am the Lord, and I will bring you out from under the burdens of the Egyptians, and I will rid you out of their bondage, and I will redeem you with a stretched out arm, and with great judgments:

4 | Deuteronomy 11:16

¹⁶ Take heed to yourselves, that your heart be not deceived, and ye turn aside, and serve other gods, and worship them;

5 | Deuteronomy 4:39

³⁹ Know therefore this day, and consider it in thine heart, that the Lord he is God in heaven above, and upon the earth beneath: there is none else.

***Science and Health with Key to the Scriptures* by Mary Baker Eddy**

1 | 207:9-10

We must learn that evil is the awful deception and unreality of existence.

2 | 339:7-10

Since God is All, there is Evil not produced by God no room for His unlikeness. God, Spirit, alone created all, and called it good. Therefore evil, being contrary to good, is unreal, and cannot be the product of God.

3 | 224:32

What is this supposed power, which opposes itself to God? Whence cometh it? What is it that binds man with iron shackles to sin, sickness, and death? Whatever enslaves man is opposed to the divine government. Truth makes man free.

4 | 225:29-31

Men and women of all climes and races are still in bondage to material sense, ignorant how to obtain their freedom.

5 | [226:22-2](#)

I saw before me the sick, wearing out years of servitude to an unreal master in the belief that the body governed them, rather than Mind.

The lame, the deaf, the dumb, the blind, the sick, the sensual, the sinner, I wished to save from the slavery of their own beliefs and from the educational systems of the Pharaohs, who to-day, as of yore, hold the children of Israel in bondage. I saw before me the awful conflict, the Red Sea and the wilderness; but I pressed on through faith in God, trusting Truth, the strong deliverer, to guide me into the land of Christian Science, where fetters fall and the rights of man are fully known and acknowledged.

House of
bondage

6 | [228:11-15, 17](#)

The enslavement of man is not legitimate. It will cease when man enters into his heritage of freedom, his God-given dominion over the material senses. Mortals will some day assert their freedom in the name of Almighty God.

God-given
dominion

Dropping their present beliefs, they will recognize harmony as the spiritual reality and discord as the material unreality.

7 | [227:14-16 \(to 2nd .\)](#)

Discerning the rights of man, we cannot fail to foresee the doom of all oppression. Slavery is not the legitimate state of man. God made man free.

SECTION 2

The Bible

6 | [Psalms 103:6, 7](#)

⁶ The Lord executeth righteousness and judgment for all that are oppressed. ⁷ He made known his ways unto Moses, his acts unto the children of Israel.

7 | [Psalms 107:4-6](#)

⁴ They wandered in the wilderness in a solitary way; they found no city to dwell in. ⁵ Hungry and thirsty, their soul fainted in them. ⁶ Then they cried unto the Lord in their trouble, and he delivered them out of their distresses.

8 | [Psalms 78:13-15, 19, 22, 23, 25, 52 and, 53](#)

¹³ He divided the sea, and caused them to pass through; and he made the waters to stand as an heap. ¹⁴ In the day-time also he led them with a cloud, and all the night with a light of fire. ¹⁵ He clave the rocks in the wilderness, and gave them drink as out of the great depths.

19 Yea, they spake against God; they said, Can God furnish a table in the wilderness?

22 Because they believed not in God, and trusted not in his salvation:

23 Though he had commanded the clouds from above, and opened the doors of heaven,

25 Man did eat angels' food: he sent them meat to the full.

52 and guided them in the wilderness like a flock. 53 And he led them on safely, so that they feared not: but the sea overwhelmed their enemies.

9 | [Exodus 15:11, 13](#)

11 Who is like unto thee, O Lord, among the gods? who is like thee, glorious in holiness, fearful in praises, doing wonders?

13 Thou in thy mercy hast led forth the people which thou hast redeemed: thou hast guided them in thy strength unto thy holy habitation.

Science and Health

8 | [597:16](#)

WILDERNESS. Loneliness; doubt; darkness. Spontaneity of thought and idea; the vestibule in which a material sense of things disappears, and spiritual sense unfolds the great facts of existence.

9 | [298:8](#)

What is termed material sense can report only a mortal temporary sense of things, whereas spiritual sense can bear witness only to Truth. To material sense, the unreal is the real until this sense is corrected by Christian Science.

Truth's witness

10 | [205:15](#)

Befogged in error (the error of believing that matter can be intelligent for good or evil), we can catch clear glimpses of God only as the mists disperse, or as they melt into such thinness that we perceive the divine image in some word or deed which indicates the true idea, — the supremacy and reality of good, the nothingness and unreality of evil.

Perceiving the divine image

11 | [471:13-18](#)

The facts of divine Science should be admitted, — although the evidence as to these facts is not supported by evil, by matter, or by material sense, — because the evidence that God and man coexist is fully sustained by spiritual sense. Man is, and forever has been, God's reflection.

12 | [566:1-9](#)

As the children of Israel were guided triumphantly through the Red Sea, the dark ebbing and flowing tides of human fear, — as they were led through the wilderness, walking

Spiritual guidance

wearily through the great desert of human hopes, and anticipating the promised joy, — so shall the spiritual idea guide all right desires in their passage from sense to Soul, from a material sense of existence to the spiritual, up to the glory prepared for them who love God.

SECTION 3

The Bible

10 | [Isaiah 40:1, 3-5](#)

1 Comfort ye, comfort ye my people, saith your God.

3 The voice of him that crieth in the wilderness, Prepare ye the way of the Lord, make straight in the desert a highway for our God. 4 Every valley shall be exalted, and every mountain and hill shall be made low: and the crooked shall be made straight, and the rough places plain: 5 And the glory of the Lord shall be revealed, and all flesh shall see it together: for the mouth of the Lord hath spoken it.

11 | [Mark 1:1, 2, 4, 6-8](#)

1 The beginning of the gospel of Jesus Christ, the Son of God; 2 As it is written in the prophets, Behold, I send my messenger before thy face, which shall prepare thy way before thee.

4 John did baptize in the wilderness, and preach the baptism of repentance for the remission of sins.

6 And John was clothed with camel's hair, and with a girdle of a skin about his loins; and he did eat locusts and wild honey; 7 And preached, saying, There cometh one mightier than I after me, the latchet of whose shoes I am not worthy to stoop down and unloose. 8 I indeed have baptized you with water: but he shall baptize you with the Holy Ghost.

Science and Health

13 | [561:32-3](#)

John the Baptist prophesied the coming of the immaculate Jesus, and John saw in those days the spiritual idea as the Messiah, who would baptize with the Holy Ghost, — divine Science.

14 | [332:19](#)

Jesus demonstrated Christ; Holy Ghost or Comforter he proved that Christ is the divine idea of God — the Holy Ghost, or Comforter, revealing the divine Principle, Love, and leading into all truth.

15 | [35:19 \(only\), 30 \(only\)](#)

Our baptism is a purification from all error.

The design of Love is to reform the sinner.

16 | [339:17](#)

Only those, who repent of sin and forsake the unreal, can fully understand the unreality of evil.

17 | [61:9-11](#)

Every valley of sin must be exalted, and every mountain of selfishness be brought low, that the highway of our God may be prepared in Science.

18 | [324:4](#)

The purification of sense and self is a proof of progress. "Blessed are the pure in heart: for they shall see God."

SECTION 4

The Bible

12 | [Isaiah 52:7](#)

7 How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace; that bringeth good tidings of good, that publisheth salvation; that saith unto Zion, Thy God reigneth!

13 | [Luke 7:19, 21, 22, 24, 25 \(to 2nd ?\), 26, 28](#)

19 And John calling unto him two of his disciples sent them to Jesus, saying, Art thou he that should come? or look we for another?

21 And in that same hour he cured many of their infirmities and plagues, and of evil spirits; and unto many that were blind he gave sight. 22 Then Jesus answering said unto them, Go your way, and tell John what things ye have seen and

heard; how that the blind see, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, to the poor the gospel is preached.

24 And when the messengers of John were departed, he began to speak unto the people concerning John, What went ye out into the wilderness for to see? A reed shaken with the wind? 25 But what went ye out for to see? A man clothed in soft raiment?

26 But what went ye out for to see? A prophet? Yea, I say unto you, and much more than a prophet.

28 For I say unto you, Among those that are born of women there is not a greater prophet than John the Baptist: but he that is least in the kingdom of God is greater than he.

*Science and Health*19 | [593:4](#)

PROPHET. A spiritual seer; disappearance of material sense before the conscious facts of spiritual Truth.

20 | [131:26-29](#)

The mission of Jesus confirmed prophecy, and explained the so-called miracles of olden time as natural demonstrations of the divine power, demonstrations which were not understood.

John the Baptist, and the Messiah

21 | [269:5](#)

Jesus' demonstrations sift the chaff from the wheat, and unfold the unity and the reality of good, the unreality, the nothingness, of evil.

22 | [296:23-28](#)

When the evidence of Spirit and matter, Truth and error, seems to commingle, it rests upon foundations which time is wearing away. Mortal mind judges by the testimony of the material senses, until Science obliterates this false testimony.

Mixed
testimony

23 | [417:20-2](#)

To the Christian Science healer, sickness is a dream from which the patient needs to be awakened. Disease should not appear real to the physician, since it is demonstrable that the way to cure the patient is to make disease unreal to him. To do this, the physician must understand the unreality of disease in Science.

Disease to be
made unreal

Explain audibly to your patients, as soon as they can bear it, the complete control which Mind holds over the body. Show them how mortal mind seems to induce disease by certain fears and false conclusions, and how divine Mind can cure by opposite thoughts. Give your patients an underlying understanding to support them and to shield them from the baneful effects of their own conclusions.

24 | [353:2-12](#)

Sin, disease, whatever seems real to material sense, is unreal in divine Science. The physical senses and Science have ever been antagonistic, and they will so continue, till the testimony of the physical senses yields entirely to Christian Science.

The real and
the unreal

How can a Christian, having the stronger evidence of Truth which contradicts the evidence of error, think of the latter as real or true, either in the form of sickness or of sin? All must admit that Christ is "the way, the truth, and the life," and that omnipotent Truth certainly does destroy error.

SECTION 5

The Bible

14 | [Isaiah 51:3](#)

³ For the Lord shall comfort Zion: he will comfort all her waste places; and he will make her wilderness like Eden, and her desert like the garden of the Lord; joy and gladness shall be found therein, thanksgiving, and the voice of melody.

15 | [Isaiah 33:24 \(to :\)](#)

²⁴ And the inhabitant shall not say, I am sick:

16 | [Luke 8:40, 43, 44, 48](#)

40 And it came to pass, that, when Jesus was returned, the people gladly received him: for they were all waiting for him.

43 And a woman having an issue of blood twelve years, which had spent all her living upon physicians, neither could be healed of any, 44 Came behind him, and touched the border of his garment: and immediately her issue of blood stanch'd.

48 And he said unto her, Daughter, be of good comfort: thy faith hath made thee whole; go in peace.

Science and Health

25 | [67:30-32](#)

Systems of religion and medicine treat of physical pains and pleasures, but Jesus rebuked the suffering from any such cause or effect.

26 | [229:28](#)

It is the transgression of a belief of mortal mind, not of a law of matter nor of divine Mind, which causes the belief of sickness. The remedy is Truth, not matter, — the truth that disease is *unreal*.

27 | [120:15](#)

Health is not a condition of matter, but of Mind; nor can the material senses bear reliable testimony on the subject of health. The Science

Health and
the senses

of Mind-healing shows it to be impossible for aught but Mind to testify truly or to exhibit the real status of man. Therefore the divine Principle of Science, reversing the testimony of the physical senses, reveals man as harmoniously existent in Truth, which is the only basis of health; and thus Science denies all disease, heals the sick, overthrows false evidence, and refutes materialistic logic.

28 | [14:12-16](#)

Become conscious for a single moment that Life and intelligence are purely spiritual, — neither in nor of matter, — and the body will then utter no complaints. If suffering from a belief in sickness, you will find yourself suddenly well.

Spiritualized
consciousness

29 | [142:31](#)

Truth is God's remedy for error of every kind, and Truth destroys only what is untrue. Hence the fact that, to-day, as yesterday, Christ casts out evils and heals the sick.

SECTION 6

The Bible

17 | [Isaiah 43:16, 19](#)

16 Thus saith the Lord, which maketh a way in the sea, and a path in the mighty waters;

¹⁹ Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness, and rivers in the desert.

18 | [Isaiah 55:12, 13](#)

¹² For ye shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing, and all the trees of the field shall clap their hands. ¹³ Instead of the thorn shall come up the fir tree, and instead of the brier shall come up the myrtle tree: and it shall be to the Lord for a name, for an everlasting sign that shall not be cut off.

Science and Health

30 | [299:26](#)

Corporeal sense, or error, may seem to hide Truth, health, harmony, and Science,

as the mist obscures the sun or the mountain; but Science, the sunshine of Truth, will melt away the shadow and reveal the celestial peaks.

31 | [298:19](#)

When the real is attained, which is announced by Science, joy is no longer a trembler, nor is hope a cheat. Spiritual ideas, like numbers and notes, start from Principle, and admit no materialistic beliefs. Spiritual ideas lead up to their divine origin, God, and to the spiritual sense of being.

32 | [76:18](#)

Suffering, sinning, dying beliefs are unreal. When divine Science is universally understood, they will have no power over man, for man is immortal and lives by divine authority.

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