



JULY 13–19, 2020

Life

GOLDEN TEXT

II Corinthians 3:5 *our, 6 the spirit giveth*

. . . our sufficiency is of God; . . . the spirit giveth life.

RESPONSIVE READING

Isaiah 38:9, 11 (to :), 17, 18 (to :), 19, 20; Psalms 56:3, 4, 10, 13; 118:14

9 The writing of Hezekiah king of Judah, when he had been sick, and was recovered of his sickness:

11 **I said, I shall not see the Lord, even the Lord, in the land of the living:**

17 Behold, for peace I had great bitterness: but thou hast in love to my soul delivered it from the pit of corruption: for thou hast cast all my sins behind thy back.

18 **For the grave cannot praise thee, death can not celebrate thee:**

19 The living, the living, he shall praise thee, as I do this day: the father to the children shall make known thy truth.

20 **The Lord was ready to save me: therefore we will sing my songs to the stringed instruments all the days of our life in the house of the Lord.**

3 What time I am afraid, I will trust in thee.

4 **In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.**

10 In God will I praise his word: in the Lord will I praise his word.

13 **For thou hast delivered my soul from death: wilt not thou deliver my feet from falling, that I may walk before God in the light of the living?**

14 The Lord is my strength and song, and is become my salvation.

SECTION 1

The Bible

1 | **Psalms 142:5** *O Lord*

5 O Lord: I said, Thou art my refuge and my portion in the land of the living.

2 | **Psalms 16:6, 9–11**

6 The lines are fallen unto me in pleasant places; yea, I have a goodly heritage.

9 Therefore my heart is glad, and my glory rejoiceth: my flesh also shall rest in hope.

10 For thou wilt not leave my soul in hell; neither wilt thou suffer thine Holy One to see corruption.

11 Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore.

3 | **Psalms 145:16**

16 Thou openest thine hand, and satisfiest the desire of every living thing.

4 | **Psalms 104:24 (to :), 30**

24 O Lord, how manifold are thy works! in wisdom hast thou made them all:

30 Thou sendest forth thy spirit, they are created: and thou renewest the face of the earth.

*Science and Health
with Key to the Scriptures*
by Mary Baker Eddy

1 | **103:31–32**

Life and being are of God.

2 | **289:32**

Because Life is God, Life must be eternal, self-existent. Life is the everlasting I AM, the Being who was and is and shall be, whom nothing can erase.

3 | **264:7–8, 15**

Mortals must look beyond fading, finite forms, if they would gain the true sense of things.

When we realize that Life is Self-
completeness
Spirit, never in nor of matter,
this understanding will expand into self-completeness, finding all in God, good, and needing no other consciousness.

4 | **249:6–10**

Let us feel the divine energy Renewed
selfhood
of Spirit, bringing us into
newness of life and recognizing no mortal nor material power as able to destroy. Let us rejoice that we are subject to the divine “powers that be.” Such is the true Science of being.

SECTION 2

The Bible

5 | **II Peter 3:8 beloved**

8 beloved, be not ignorant of this one thing, that one day is with the Lord as a thousand years, and a thousand years as one day.

6 | **Isaiah 40:28 (to 2nd ?), 31 they**

28 Hast thou not known? hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary?

31 they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

7 | **Joshua 14:6 the, 7, 9–11 (to :)**

6 the children of Judah came unto Joshua in Gilgal: and Caleb the son of Jephunneh the Kenezite said unto him, Thou knowest the thing that the Lord said unto Moses the man of God concerning me and thee in Kadesh–barnea. 7 Forty years old was I when Moses the servant of the Lord sent me from Kadesh–barnea to espy out the land; and I brought him word again as it was in mine heart.

9 And Moses swore on that day, saying, Surely the land whereon thy feet have trodden shall be thine inheritance, and thy children's for ever, because thou hast wholly followed the Lord my God. 10 And now, behold, the Lord hath kept me alive, as he said, these forty and five years, even since the Lord spake this word unto Moses, while the children of Israel wandered in the wilderness: and now, lo, I am this day fourscore and five years old. 11 As yet I am as strong this day as I was in the day that Moses sent me:

8 | **II Corinthians 3:18 we**

18 we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

*Science and Health*5 | **468:25–29**

Question. — What is Life?

Answer. — Life is divine

Eternity
of Life

Principle, Mind, Soul, Spirit. Life

is without beginning and without end. Eternity, not time, expresses the thought of Life, and time is no part of eternity.

6 | **487:27**

The understanding that Life is God, Spirit, lengthens our days by strengthening our trust in the deathless reality of Life, its almightiness and immortality.

7 | **246:10–31**

The measurement of life by solar years robs youth and gives ugliness to age. The radiant sun of virtue and truth coexists with being. Manhood is its eternal noon, undimmed by a declining sun. As the physical and material, the transient sense of beauty fades, the radiance of Spirit should dawn upon the enraptured sense with bright and imperishable glories.

Never record ages.

Undesirable
records

Chronological data are no part

of the vast forever. Time-tables of birth and death are so many conspiracies against manhood and womanhood. Except for the error of measuring and limiting all that is good and beautiful, man would enjoy more than threescore years and ten and still maintain his vigor, freshness, and promise. Man, governed by immortal Mind, is always beautiful and grand. Each succeeding year unfolds wisdom, beauty, and holiness.

Life is eternal. We should find this out, and begin the

True life
eternal

demonstration thereof. Life and goodness are immortal. Let us then shape our views of existence into loveliness, freshness, and continuity, rather than into age and blight.

SECTION 3

The Bible

9 | **Isaiah 40:1, 4, 5**

1 Comfort ye, comfort ye my people, saith your God.

4 Every valley shall be exalted, and every mountain and hill shall be made low: and the crooked shall be made straight, and the rough places plain:

5 And the glory of the Lord shall be revealed, and all flesh shall see it together: for the mouth of the Lord hath spoken it.

10 | **Psalms 56:3**

3 What time I am afraid, I will trust in thee.

11 | **Psalms 93:4**

4 The Lord on high is mightier than the noise of many waters, yea, than the mighty waves of the sea.

12 | **Psalms 139:11**

11 If I say, Surely the darkness shall cover me; even the night shall be light about me.

13 | **Psalms 36:9**

9 For with thee is the fountain of life: in thy light shall we see light.

*Science and Health*8 | **596:20–27**

VALLEY. Depression; meekness; darkness.

“Though I walk through the valley of the shadow of death, I will fear no evil.” (Psalm xxiii. 4.)

Though the way is dark in mortal sense, divine Life and Love illumine it, destroy the unrest of mortal thought, the fear of death, and the supposed reality of error. Christian Science, contradicting sense, maketh the valley to bud and blossom as the rose.

9 | [215:12–21](#)

Whatever is governed by God, is never for an instant deprived of the light and might of intelligence and Life.

We are sometimes led to believe that darkness is as real as light; but Science affirms darkness to be only a mortal sense of the absence of light, at the coming of which darkness loses the appearance of reality. So sin and sorrow, disease and death, are the suppositional absence of Life, God, and flee as phantoms of error before truth and love.

Light and
darkness

10 | [262:9](#)

We cannot fathom the nature and quality of God's creation by diving into the shallows of mortal belief. We must reverse our feeble flutterings — our efforts to find life and truth in matter — and rise above the testimony of the material senses, above the mortal to the immortal idea of God. These clearer, higher views inspire the God-like man to reach the absolute centre and circumference of his being.

SECTION 4

The Bible

14 | [Matthew 6:25 Take, 26 \(to .\), 28, 32 for your, 33](#)

25 Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment? 26 Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them.

28 And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

32 for your heavenly Father knoweth that ye have need of all these things. 33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

*Science and Health*11 | [496:9 \(only\)](#)

We all must learn that Life is God.

12 | [91:16–17](#)

Absorbed in material selfhood we discern and reflect but faintly the substance of Life or Mind.

13 | [62:13–16, 22](#)

Taking less “thought for your life, what ye shall eat, or what ye shall drink”; less thought “for your body what ye shall put on,” will do much more for the health of the rising generation than you dream.

The divine Mind, which forms the bud and blossom, will care for the human body, even as it clothes the lily; but let no mortal interfere with God's government by thrusting in the laws of erring, human concepts.

The Mind
creative

14 | [91:5](#)

Let us rid ourselves of the belief that man is separated from God, and obey only the divine Principle, Life and Love. Here is the great point of departure for all true spiritual growth.

SECTION 5

The Bible

15 | [Mark 6:34](#)

34 And Jesus, when he came out, saw much people, and was moved with compassion toward them, because they were as sheep not having a shepherd: and he began to teach them many things.

16 | [Luke 12:13, 15–21](#)

13 And one of the company said unto him, Master, speak to my brother, that he divide the inheritance with me.

15 And he said unto them, Take heed, and beware of covetousness: for a man's life consisteth not in the abundance of the things which he possesseth.

16 And he spake a parable unto them, saying, The ground of a certain rich man brought forth plentifully: 17 And he thought within himself, saying, What shall I do, because I have no room where to bestow my fruits? 18 And he said, This will I do: I will pull down my barns, and build greater; and there will I bestow all my fruits and my goods. 19 And I will say to my soul, Soul, thou hast much goods laid up for many years; take thine ease, eat, drink, and be merry. 20 But God said unto him, Thou fool, this night thy soul shall be required of thee: then whose shall those things be, which thou hast provided? 21 So is he that layeth up treasure for himself, and is not rich toward God.

17 | [Mark 10:23, 26–30](#)

23 And Jesus looked round about, and saith unto his disciples, How hardly shall they that have riches enter into the kingdom of God!

26 And they were astonished out of measure, saying among themselves, Who then can be saved?

27 And Jesus looking upon them saith, With men it is impossible, but not with God: for with God all things are possible. 28 Then Peter began to say unto him, Lo, we have left all, and have followed thee. 29 And Jesus answered and said, Verily I say unto you, There is no man that hath left house, or brethren, or sisters, or father, or mother, or wife, or children, or lands, for my sake, and the gospel's, 30 But he shall receive an hundredfold now in this time, houses, and brethren, and sisters, and mothers, and children, and lands, with persecutions; and in the world to come eternal life.

*Science and Health*15 | [257:24–27](#)

Who hath found finite life or love sufficient to meet the demands of human want and woe, — to still the desires, to satisfy the aspirations? Inexhaustible
divine Love

16 | [325:7](#)

Jesus gave the true idea of being, which results in infinite blessings to mortals.

17 | [54:1–10](#)

Through the magnitude of his human life, he demonstrated the divine Life. Out of the amplitude of his pure affection, he defined Love. With the affluence of Truth, he vanquished error. The world acknowledged not his righteousness, seeing it not; but earth received the harmony his glorified example introduced.

Who is ready to follow his teaching and example? All must sooner or later plant themselves in Christ, the true idea of God.

18 | [265:3–15](#)

Man understands spiritual existence in proportion as his treasures of Truth and Love are enlarged. Mortals must gravitate Godward, their affections and aims grow spiritual, — they must near the broader interpretations of being, and gain some proper sense of the infinite, — in order that sin and mortality may be put off. Godward
gravitation

This scientific sense of being, forsaking matter for Spirit, by no means suggests man's absorption into Deity and the loss of his identity, but confers upon man enlarged individuality, a wider sphere of thought and action, a more expansive love, a higher and more permanent peace.

19 | **10:15**

Spiritual attainments open the door to a higher understanding of the divine Life.

SECTION 6

The Bible

18 | **Acts 28:3–9**

3 And when Paul had gathered a bundle of sticks, and laid them on the fire, there came a viper out of the heat, and fastened on his hand. 4 And when the barbarians saw the venomous beast hang on his hand, they said among themselves, No doubt this man is a murderer, whom, though he hath escaped the sea, yet vengeance suffereth not to live.

5 And he shook off the beast into the fire, and felt no harm. 6 Howbeit they looked when he should have swollen, or fallen down dead suddenly: but after they had looked a great while, and saw no harm come to him, they changed their minds, and said that he was a god. 7 In the same quarters were possessions of the chief man of the island, whose name was Publius; who received us, and lodged us three days courteously. 8 And it came to pass, that the father of Publius lay sick of a fever and of a bloody flux: to whom Paul entered in, and prayed, and laid his hands on him, and healed him. 9 So when this was done, others also, which had diseases in the island, came, and were healed:

19 | **II Corinthians 12:9 Most**

9 Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.

*Science and Health*20 | **325:10–15**

In Colossians (iii. 4) Paul Indestructible
being writes: "When Christ, who is our life, shall appear [be manifested], then shall ye also appear [be manifested] with him in glory." When spiritual being is understood in all its perfection, continuity, and might, then shall man be found in God's image.

21 | **216:3–8 (to 2nd .)**

Who shall say that man is The serpent
of error alive to-day, but may be dead to-morrow? What has touched Life, God, to such strange issues? Here theories cease, and Science unveils the mystery and solves the problem of man. Error bites the heel of truth, but cannot kill truth. Truth bruises the head of error — destroys error.

22 | **390:12**

When the first symptoms of Unnecessary
prostration disease appear, dispute the testimony of the material senses with divine Science. Let your higher sense of justice destroy the false process of mortal opinions which you name law, and then you will not be confined to a sick-room nor laid upon a bed of suffering in payment of the last farthing, the last penalty demanded by error. "Agree with thine adversary quickly, whiles thou art in the way with him." Suffer no claim of sin or of sickness to grow upon the thought. Dismiss it with an abiding conviction that it is illegitimate, because you know that God is no more the author of sickness than He is of sin. You have no law of His to support the necessity either of sin or sickness, but you have divine authority for denying that necessity and healing the sick.

23 | **355:11**

Let discord of every name and nature be heard no more, and let the harmonious and true sense of Life and being take possession of human consciousness.

SECTION 7

The Bible

20 | **II Corinthians 9:8**

8 And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

21 | **Deuteronomy 30:20 for (to 2nd :)**

20 for he is thy life, and the length of thy days:

Science and Health

24 | **203:13, 32–1**

Spiritual perception brings out the possibilities of being, destroys reliance on aught but God, and so makes man the image of his Maker in deed and in truth.

God is at once the centre and circumference of being.

© 2020 The Christian Science Publishing Society. Unless otherwise noted, references above are from the Bible (King James Version) and the Christian Science textbook, *Science and Health with Key to the Scriptures*, by Mary Baker Eddy, the Discoverer and Founder of Christian Science. The design of the Cross and Crown is a trademark owned by The Christian Science Board of Directors and is used by permission. *Christian Science Quarterly*™ is a trademark owned by The Christian Science Publishing Society.