



MAY 19–25, 2025

Soul and Body

GOLDEN TEXT

Ecclesiastes 3:11 (to :), 14 (to 2nd :)

He hath made every thing beautiful in his time: . . .
I know that, whatsoever God doeth, it shall be for ever:
nothing can be put to it, nor any thing taken from it:

RESPONSIVE READING

Psalms 90:2, 16, 17 (to :); 107:1, 9, 15, 20; Ephesians 2:19, 20, 22; 4:4, 7 unto, 13

Ps. 90:2 Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God.

16 Let thy work appear unto thy servants, and thy glory unto their children.

17 And let the beauty of the Lord our God be upon us:

107:1 O give thanks unto the Lord, for he is good: for his mercy endureth for ever.

9 For he satisfieth the longing soul, and filleth the hungry soul with goodness.

15 Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men!

20 He sent his word, and healed them, and delivered them from their destructions.

Eph. 2:19 Now therefore ye are no more strangers and foreigners, but fellow-citizens with the saints, and of the household of God;

20 And are built upon the foundation of the apostles and prophets, Jesus Christ himself being the chief corner stone;

22 In whom ye also are builded together for an habitation of God through the Spirit.

4:4 There is one body, and one Spirit, even as ye are called in one hope of your calling;

7 . . . unto every one of us is given grace according to the measure of the gift of Christ.

13 Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ:

The Bible

1 | [Job 37:14 stand](#)

14 stand still, and consider the wondrous works of God.

2 | [Job 23:13 he](#)

13 he is in one mind, and who can turn him? and what his soul desireth, even that he doeth.

3 | [Psalms 50:1, 2](#)

1 The mighty God, even the Lord, hath spoken, and called the earth from the rising of the sun unto the going down thereof. 2 Out of Zion, the perfection of beauty, God hath shined.

4 | [Psalms 34:1–3, 8](#)

1 I will bless the Lord at all times: his praise shall continually be in my mouth. 2 My soul shall make her boast in the Lord: the humble shall hear thereof, and be glad.

3 O magnify the Lord with me, and let us exalt his name together.

8 O taste and see that the Lord is good: blessed is the man that trusteth in him.

5 | [Proverbs 2:10, 11](#)

10 When wisdom entereth into thine heart, and knowledge is pleasant unto thy soul; 11 Discretion shall preserve thee, understanding shall keep thee:

6 | [Colossians 3:15 \(to ;\)](#)

15 And let the peace of God rule in your hearts, to the which also ye are called in one body;

Science and Health with Key to the Scriptures by Mary Baker Eddy

1 | [477:19–25](#)

Question. — What are body and Soul?

Answer. — Identity is the reflection of Spirit, Reflection
of Spirit the reflection in multifarious forms of the living Principle, Love. Soul is the substance, Life, and intelligence of man, which is individualized, but not in matter. Soul can never reflect anything inferior to Spirit.

2 | [120:4](#)

Soul, or Spirit, is God, unchangeable and eternal; and man coexists with and reflects Soul, God, for man is God's image.

3 | [302:1 \(only\), 3–8](#)

Soul is not compassed by finiteness.

The material body and mind are temporal, but Identity
not lost the real man is spiritual and eternal. The identity of the real man is not lost, but found through this explanation; for the conscious infinitude of existence and of all identity is thereby discerned and remains unchanged.

4 | [335:16–18 \(to 1st.\)](#)

Soul and Spirit being one, God and Soul are one, and this one never included in a limited mind or a limited body.

5 | [256:16, 25–30, 32–1](#)

The precise form of God must be of small No divine
corporeality importance in comparison with the sublime question, What is infinite Mind or divine Love?

A finite and material sense of God leads to formalism and narrowness; it chills the spirit of Christianity.

A limitless Mind cannot proceed from physical limitations. Finiteness cannot present the idea or the vastness of infinity.

Infinite Mind is the creator, and creation is the infinite image or idea emanating from this Mind.

6 | [307:25–26 The](#)

The divine Mind is the Soul of man, and gives man dominion over all things.

7 | [70:12–13](#)

The divine Mind maintains all identities, from a blade of grass to a star, as distinct and eternal.

8 | [509:24](#)

The periods of spiritual ascension are the days and seasons of Mind's creation, in which beauty, sublimity, purity, and holiness — yea, the divine nature — appear in man and the universe never to disappear.

The Bible

7 | [Psalms 104:1, 2, 30, 31](#)

¹ Bless the Lord, O my soul. O Lord my God, thou art very great; thou art clothed with honour and majesty.

² Who coverest thyself with light as with a garment: who stretchest out the heavens like a curtain:

³⁰ Thou sendest forth thy spirit, they are created: and thou renewest the face of the earth. ³¹ The glory of the Lord shall endure for ever: the Lord shall rejoice in his works.

8 | [Psalms 29:2](#)

² Give unto the Lord the glory due unto his name; worship the Lord in the beauty of holiness.

9 | [Luke 1:46 My, 47](#)

⁴⁶ My soul doth magnify the Lord, ⁴⁷ And my spirit hath rejoiced in God my Saviour.

10 | [1 Corinthians 6:20 glorify](#)

²⁰ glorify God in your body, and in your spirit, which are God's.

Science and Health

9 | [466:20–21](#)

Soul or Spirit signifies Deity and nothing else. There is no finite soul nor spirit.

10 | [467:17–23](#)

Science reveals Spirit, Soul, as not in the body, and God as not in man but as reflected by man. The greater cannot be in the lesser. The belief that the greater can be in the lesser is an error that works ill. This is a leading point in the Science of Soul, that Principle is not in its idea. Spirit, Soul, is not confined in man, and is never in matter.

Soul not confined in body

11 | [71:5](#)

The identity, or idea, of all reality continues forever; but Spirit, or the divine Principle of all, is not *in* Spirit's formations. Soul is synonymous with Spirit, God, the creative, governing, infinite Principle outside of finite form, which forms only reflect.

12 | [246:6–8, 13](#)

Man is by no means a material germ rising from the imperfect and endeavoring to reach Spirit above his origin.

As the physical and material, the transient sense of beauty fades, the radiance of Spirit should dawn upon the enraptured sense with bright and imperishable glories.

13 | [262:5–7](#)

Christian Science takes naught from the perfection of God, but it ascribes to Him the entire glory.

The Bible

11 | [Psalms 27:1 \(to 1st \)](#), 4

1 The Lord is my light and my salvation;

4 One thing have I desired of the Lord, that will I seek after; that I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to inquire in his temple.

12 | [Psalms 86:4, 10, 12](#)

4 Rejoice the soul of thy servant: for unto thee, O Lord, do I lift up my soul.

10 For thou art great, and doest wondrous things: thou art God alone.

12 I will praise thee, O Lord my God, with all my heart: and I will glorify thy name for evermore.

13 | [1 Samuel 16:1, 6, 7, 10–13](#) [Jesse \(to 1st \)](#)

1 And the Lord said unto Samuel, How long wilt thou mourn for Saul, seeing I have rejected him from reigning over Israel? fill thine horn with oil, and go, I will send thee to Jesse the Beth-lehemite: for I have provided me a king among his sons.

6 And it came to pass, when they were come, that he looked on Eliab, and said, Surely the Lord's anointed is before him. 7 But the Lord said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart.

10 Jesse made seven of his sons to pass before Samuel. And Samuel said unto Jesse, The Lord hath not chosen these. 11 And Samuel said unto Jesse, Are here all thy children? And he said, There remaineth yet the youngest, and, behold, he keepeth the sheep. And Samuel said unto Jesse, Send and fetch him: for we will not sit down till he come hither. 12 And he sent, and brought him in. Now he was ruddy, and withal of a beautiful countenance, and goodly to look to. And the Lord said, Arise, anoint him: for this is he. 13 Then Samuel took the horn of oil, and anointed him in the midst of his brethren: and the spirit of the Lord came upon David from that day forward.

Science and Health

14 | [249:31 \(only\)](#)

Man is the reflection of Soul.

15 | [280:4–6, 25–30](#)

From Love and from the light and harmony which are the abode of Spirit, only reflections of good can come.

The things of God are beautiful

Rightly understood, instead of possessing a sentient material form, man has a sensationless body; and God, the Soul of man and of all existence, being perpetual in His own individuality, harmony, and immortality, imparts and perpetuates these qualities in man, — through Mind, not matter.

Sensationless body

16 | [247:13–19, 21–24, 28–3](#)

Immortality, exempt from age or decay, has a glory of its own, — the radiance of Soul. Immortal men and women are models of spiritual sense, drawn by perfect Mind and reflecting those higher conceptions of loveliness which transcend all material sense.

Eternal beauty

Comeliness and grace are independent of matter.

Beauty is a thing of life, which dwells forever in the eternal Mind and reflects the charms of His goodness in expression, form, outline, and color.

The divine loveliness

The embellishments of the person are poor substitutes for the charms of being, shining resplendent and eternal over age and decay.

The recipe for beauty is to have less illusion and more Soul, to retreat from the belief of pain or pleasure in the body into the unchanging calm and glorious freedom of spiritual harmony.

Love never loses sight of loveliness.

The Bible

14 | [Luke 4:14 \(to :\), 16–19, 21](#)

14 And Jesus returned in the power of the Spirit into Galilee:

16 And he came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the sabbath day, and stood up for to read. 17 And there was delivered unto him the book of the prophet Esaias. And when he had opened the book, he found the place where it was written, 18 The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, 19 To preach the acceptable year of the Lord.

21 And he began to say unto them, This day is this scripture fulfilled in your ears.

15 | [Luke 13:11–13](#)

11 And, behold, there was a woman which had a spirit of infirmity eighteen years, and was bowed together, and could in no wise lift up herself. 12 And when Jesus saw her, he called her to him, and said unto her, Woman, thou art loosed from thine infirmity. 13 And he laid his hands on her: and immediately she was made straight, and glorified God.

16 | [1 Thessalonians 5:23](#)

23 And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

Science and Health

17 | [316:7](#)

Christ, Truth, was demonstrated through Jesus to prove the power of Spirit over the flesh, — to show that Truth is made manifest by its effects upon the human mind and body, healing sickness and destroying sin.

18 | [210:11–16](#)

Knowing that Soul and its attributes were forever manifested through man, the Master healed the sick, gave sight to the blind, hearing to the deaf, feet to the lame, thus bringing to light the scientific action of the divine Mind on human minds and bodies and giving a better understanding of Soul and salvation.

19 | [395:6–10](#)

Like the great Exemplar, the healer should speak to disease as one having authority over it, leaving Soul to master the false evidences of the corporeal senses and to assert its claims over mortality and disease.

Divine
authority

20 | [114:23–27](#)

Christian Science explains all cause and effect as mental, not physical. It lifts the veil of mystery from Soul and body. It shows the scientific relation of man to God, disentangles the interlaced ambiguities of being, and sets free the imprisoned thought.

Causation
mental

21 | [396:26](#)

Keep distinctly in thought that man is the offspring of God, not of man; that man is spiritual, not material; that Soul is Spirit, outside of matter, never in it, never giving the body life and sensation. It breaks the dream of disease to understand that sickness is formed by the human mind, not by matter nor by the divine Mind.

22 | [135:12–15](#)

This is “the beauty of holiness,” that when Truth heals the sick, it casts out evils, and when Truth casts out the evil called disease, it heals the sick.

Fear and
sickness
identical

The Bible

17 | [Psalms 25:1, 6](#)

1 Unto thee, O Lord, do I lift up my soul.

6 Remember, O Lord, thy tender mercies and thy loving kindnesses; for they have been ever of old.

18 | [Psalms 149:1, 4](#)

1 Praise ye the Lord. Sing unto the Lord a new song, and his praise in the congregation of saints.

4 For the Lord taketh pleasure in his people: he will beautify the meek with salvation.

19 | [Isaiah 58:11](#)

11 And the Lord shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.

20 | [Isaiah 40:5, 11 \(to :\)](#)

5 And the glory of the Lord shall be revealed, and all flesh shall see it together: for the mouth of the Lord hath spoken it.

11 He shall feed his flock like a shepherd:

21 | [Matthew 14:14–21](#)

14 And Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick. 15 And when it was evening, his disciples came to him, saying, This is a desert place, and the time is now past; send the multitude away, that they may go into the villages, and buy themselves victuals. 16 But Jesus said unto them, They need not depart; give ye them to eat. 17 And they say unto him, We have here but five loaves, and two fishes. 18 He said, Bring them hither to me. 19 And he commanded the multitude to sit down on the grass, and took the five loaves, and the two fishes, and looking up to heaven, he blessed, and brake, and gave the loaves to his disciples, and the disciples to the multitude. 20 And they did all eat, and were filled: and they took up of the fragments that remained twelve baskets full. 21 And they that had eaten were about five thousand men, beside women and children.

Science and Health

23 | [60:29–31](#)

Soul has infinite resources with which to bless mankind, and happiness would be more readily attained and would be more secure in our keeping, if sought in Soul.

24 | [206:15](#)

In the scientific relation of God to man, we find that whatever blesses one blesses all, as Jesus showed with the loaves and the fishes, — Spirit, not matter, being the source of supply.

25 | [442:22–25, 26–28 Jesus](#)

Christ, Truth, gives mortals temporary food and clothing until the material, transformed with the ideal, disappears, and man is clothed and fed spiritually.

Jesus said, "Fear not, little flock; for it is your Father's good pleasure to give you the kingdom."

26 | [494:10–15, 25](#)

Divine Love always has met and always will meet every human need. It is not well to imagine that Jesus demonstrated the divine power to heal only for a select number or for a limited period of time, since to all mankind and in every hour, divine Love supplies all good.

The miracle of grace is no miracle to Love.

Which of these two theories concerning man are you ready to accept? One is the mortal testimony, changing, dying, unreal. The other is the eternal and real evidence, bearing Truth's signet, its lap piled high with immortal fruits.

27 | [248:8](#)

Immortal Mind feeds the body with supernal freshness and fairness, supplying it with beautiful images of thought and destroying the woes of sense which each day brings to a nearer tomb.

28 | [240:10–14](#)

In the order of Science, in which the Principle is above what it reflects, all is one grand concord. Change this statement, suppose Mind to be governed by matter or Soul in body, and you lose the keynote of being, and there is continual discord.

29 | [511:5](#)

The divine Mind supports the sublimity, magnitude, and infinitude of spiritual creation.

The Bible

22 | **Psalms 96:1, 4 (to :), 6, 8 (to :), 9 (to :), 11–13 (to 1st :)**

1 O sing unto the Lord a new song: sing unto the Lord, all the earth.

4 For the Lord is great, and greatly to be praised:

6 Honour and majesty are before him: strength and beauty are in his sanctuary.

8 Give unto the Lord the glory due unto his name:

9 O worship the Lord in the beauty of holiness:

11 Let the heavens rejoice, and let the earth be glad; let the sea roar, and the fulness thereof. 12 Let the field be joyful, and all that is therein: then shall all the trees of the wood rejoice 13 Before the Lord:

23 | **Psalms 90:17 (to :)**

17 And let the beauty of the Lord our God be upon us:

Science and Health

30 | **477:26–29**

Man is the expression of Soul. The Indians caught some glimpses of the underlying reality, when they called a certain beautiful lake “the smile of the Great Spirit.”

Man
inseparable
from Spirit

31 | **516:9–13, 21**

God fashions all things, after His own likeness. Life is reflected in existence, Truth in truthfulness, God in goodness, which impart their own peace and permanence. Love, redolent with unselfishness, bathes all in beauty and light.

Love imparts
beauty

Man and woman as coexistent and eternal with God forever reflect, in glorified quality, the infinite Father-Mother God.

32 | **273:18 (only)**

Man is harmonious when governed by Soul.