



SEPTEMBER 4–10, 2023

## Substance

### GOLDEN TEXT

**Romans 11:33 (to 1<sup>st</sup> !)**

O the depth of the riches both of the wisdom and knowledge of God!

### RESPONSIVE READING

**Proverbs 8:1, 8, 10, 11, 14, 17, 18, 20, 21, 33–35;**

**I Chronicles 29:11 (to :), 12**

*Prov. 8:1* Doth not wisdom cry? and understanding put forth her voice?

**8 All the words of my mouth are in righteousness; there is nothing froward or perverse in them.**

**10** Receive my instruction, and not silver; and knowledge rather than choice gold.

**11 For wisdom is better than rubies; and all the things that may be desired are not to be compared to it.**

**14** Counsel is mine, and sound wisdom: I am understanding; I have strength.

**17 I love them that love me; and those that seek me early shall find me.**

**18** Riches and honour are with me; yea, durable riches and righteousness.

**20 I lead in the way of righteousness, in the midst of the paths of judgment:**

**21** That I may cause those that love me to inherit substance; and I will fill their treasures.

**33 Hear instruction, and be wise, and refuse it not.**

**34** Blessed is the man that heareth me, watching daily at my gates, waiting at the posts of my doors.

**35 For whoso findeth me findeth life, and shall obtain favour of the Lord.**

*I Chron. 29:11* Thine, O Lord, is the greatness, and the power, and the glory, and the victory, and the majesty:

**12 Both riches and honour come of thee, and thou reignest over all; and in thine hand is power and might; and in thine hand it is to make great, and to give strength unto all.**

## The Bible

### 1 | [Psalms 104:24](#)

<sup>24</sup> O Lord, how manifold are thy works! in wisdom hast thou made them all: the earth is full of thy riches.

### 2 | [Psalms 111:2, 4 \(to :\), 7, 8](#)

<sup>2</sup> The works of the Lord are great, sought out of all them that have pleasure therein.

<sup>4</sup> He hath made his wonderful works to be remembered:

<sup>7</sup> The works of his hands are verity and judgment; all his commandments are sure. <sup>8</sup> They stand fast for ever and ever, and are done in truth and uprightness.

### 3 | [Jeremiah 9:23, 24](#)

<sup>23</sup> Thus saith the Lord, Let not the wise man glory in his wisdom, neither let the mighty man glory in his might, let not the rich man glory in his riches: <sup>24</sup> But let him that glorieth glory in this, that he understandeth and knoweth me, that I am the Lord which exercise lovingkindness, judgment, and righteousness, in the earth: for in these things I delight, saith the Lord.

### 4 | [Romans 8:5 they](#)

<sup>5</sup> they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

## Science and Health with Key to the Scriptures by Mary Baker Eddy

### 1 | [124:25–26 \(to 1<sup>st</sup> .\)](#)

Spirit is the life, substance, and continuity of all things.

### 2 | [275:12–15](#)

Spirit, Life, Truth, Love, combine as one, — and are the Scriptural names for God. All substance, intelligence, wisdom, being, immortality, cause, and effect belong to God. Divine synonyms

### 3 | [173:12–13 \(to 1<sup>st</sup> .\)](#)

Neither the substance nor the manifestation of Spirit is obtainable through matter.

### 4 | [286:21–25](#)

God's thoughts are perfect and eternal, are substance and Life. Material and temporal thoughts are human, involving error, and since God, Spirit, is the only cause, they lack a divine cause. The temporal and material are not then creations of Spirit. Spiritual thoughts

### 5 | [278:29–3](#)

We define matter as error, because it is the opposite of life, substance, and intelligence. Matter, with its mortality, cannot be substantial if Spirit is substantial and eternal. Which ought to be substance to us, — the erring, changing, and dying, the mutable and mortal, or the unerring, immutable, and immortal? Substance is Spirit

### 6 | [301:17–20](#)

As God is substance and man is the divine image and likeness, man should wish for, and in reality has, only the substance of good, the substance of Spirit, not matter.

## The Bible

### 5 | [Psalms 37:3–5](#)

3 Trust in the Lord, and do good; so shalt thou dwell in the land, and verily thou shalt be fed. 4 Delight thyself also in the Lord; and he shall give thee the desires of thine heart. 5 Commit thy way unto the Lord; trust also in him; and he shall bring it to pass.

### 6 | [Daniel 1:3–6, 8, 11–15, 17 \(to :\), 20](#)

3 And the king spake unto Ashpenaz the master of his eunuchs, that he should bring certain of the children of Israel, and of the king's seed, and of the princes; 4 Children in whom was no blemish, but well favoured, and skilful in all wisdom, and cunning in knowledge, and understanding science, and such as had ability in them to stand in the king's palace, and whom they might teach the learning and the tongue of the Chaldeans. 5 And the king appointed them a daily provision of the king's meat, and of the wine which he drank: so nourishing them three years, that at the end thereof they might stand before the king. 6 Now among these were of the children of Judah, Daniel, Hananiah, Mishael, and Azariah:

8 But Daniel purposed in his heart that he would not defile himself with the portion of the king's meat, nor with the wine which he drank: therefore he requested of the prince of the eunuchs that he might not defile himself.

11 Then said Daniel to Melzar whom the prince of the eunuchs had set over Daniel, Hananiah, Mishael, and Azariah, 12 Prove thy servants, I beseech thee, ten days; and let them give us pulse to eat, and water to drink. 13 Then let our countenances be looked upon before thee, and the countenance of the children that eat of the portion of the king's meat: and as thou seest, deal with thy servants. 14 So he consented to them in this matter, and proved them ten days. 15 And at the end of ten days their countenances appeared fairer and fatter in flesh than all the children which did eat the portion of the king's meat.

17 As for these four children, God gave them knowledge and skill in all learning and wisdom:

20 And in all matters of wisdom and understanding, that the king inquired of them, he found them ten times better than all the magicians and astrologers that were in all his realm.

### 7 | [Matthew 5:6](#)

6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

## Science and Health

### 7 | [6:5–6](#)

God is not separate from the wisdom He bestows.

Pardon and amendment

### 8 | [507:3–6](#)

Spirit duly feeds and clothes every object, as it appears in the line of spiritual creation, thus tenderly expressing the fatherhood and motherhood of God.

### 9 | [325:32](#)

A false sense of life, substance, and mind hides the divine possibilities, and conceals scientific demonstration.

### 10 | [388:12–20](#)

Admit the common hypothesis that food is the nutriment of life, and there follows the necessity for another admission in the opposite direction, — that food has power to destroy Life, God, through a deficiency or an excess, a quality or a quantity. This is a specimen of the ambiguous nature of all material health-theories. They are self-contradictory and self-destructive, constituting a "kingdom divided against itself," which is "brought to desolation."

Sustenance  
spiritual

### 11 | [461:1–4](#)

I do not maintain that anyone can exist in the flesh without food and raiment; but I do believe that the real man is immortal and that he lives in Spirit, not matter.

Proof by  
induction

### 12 | [278:4–5](#)

Spirit is the only substance and consciousness recognized by divine Science.

Substance  
versus  
supposition

## The Bible

### 8 | [Matthew 4:17](#) *Jesus, 23–25*

17 Jesus began to preach, and to say, Repent: for the kingdom of heaven is at hand.

23 And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people. 24 And his fame went throughout all Syria: and they brought unto him all sick people that were taken with divers diseases and torments, and those which were possessed with devils, and those which were lunatic, and those that had the palsy; and he healed them. 25 And there followed him great multitudes of people from Galilee, and from Decapolis, and from Jerusalem, and from Judæa, and from beyond Jordan.

### 9 | [Matthew 5:3](#)

3 Blessed are the poor in spirit: for theirs is the kingdom of heaven.

### 10 | [Matthew 13:44–46](#) *the*

44 the kingdom of heaven is like unto treasure hid in a field; the which when a man hath found, he hideth, and for joy thereof goeth and selleth all that he hath, and buyeth that field. 45 Again, the kingdom of heaven is like unto a merchant man, seeking goodly pearls: 46 Who, when he had found one pearl of great price, went and sold all that he had, and bought it.

### 11 | [Proverbs 23:23](#)

23 Buy the truth, and sell it not; also wisdom, and instruction, and understanding.

## Science and Health

### 13 | [241:19–21, 23–24](#)

The substance of all devotion is the reflection and demonstration of divine Love, healing sickness and destroying sin.

One's aim, a point beyond faith, should be to find the footsteps of Truth, the way to health and holiness.

### 14 | [43:27](#)

The divine must overcome the human at every point. The Science Jesus taught and lived must triumph over all material beliefs about life, substance, and intelligence, and the multitudinous errors growing from such beliefs.

### 15 | [451:2, 14](#)

Christian Scientists must live under the constant pressure of the apostolic command to come out from the material world and be separate. They must renounce aggression, oppression and the pride of power. Christianity, with the crown of Love upon her brow, must be their queen of life.

Man walks in the direction towards which he looks, and where his treasure is, there will his heart be also. If our hopes and affections are spiritual, they come from above, not from beneath, and they bear as of old the fruits of the Spirit.

### 16 | [560:11–15](#)

The great miracle, to human sense, is divine Love, and the grand necessity of existence is to gain the true idea of what constitutes the kingdom of heaven in man.

True estimate  
of God's  
messenger

### 17 | [590:1](#)

**KINGDOM OF HEAVEN.** The reign of harmony in divine Science; the realm of unerring, eternal, and omnipotent Mind; the atmosphere of Spirit, where Soul is supreme.

### 18 | [21:1–4, 9](#)

If Truth is overcoming error in your daily walk and conversation, you can finally say, "I have fought a good fight . . . I have kept the faith," because you are a better man.

Moral  
victory

If the disciple is advancing spiritually, he is striving to enter in. He constantly turns away from material sense, and looks towards the imperishable things of Spirit. If honest, he will be in earnest from the start, and gain a little each day in the right direction, till at last he finishes his course with joy.

## The Bible

### 12 | [Isaiah 14:27](#) *the*

<sup>27</sup> the Lord of hosts hath purposed, and who shall disannul it? and his hand is stretched out, and who shall turn it back?

### 13 | [Luke 4:14, 15](#)

<sup>14</sup> And Jesus returned in the power of the Spirit into Galilee: and there went out a fame of him through all the region round about. <sup>15</sup> And he taught in their synagogues, being glorified of all.

### 14 | [Matthew 12:10–13](#)

<sup>10</sup> And, behold, there was a man which had his hand withered. And they asked him, saying, Is it lawful to heal on the sabbath days? that they might accuse him. <sup>11</sup> And he said unto them, What man shall there be among you, that shall have one sheep, and if it fall into a pit on the sabbath day, will he not lay hold on it, and lift it out? <sup>12</sup> How much then is a man better than a sheep? Wherefore it is lawful to do well on the sabbath days. <sup>13</sup> Then saith he to the man, Stretch forth thine hand. And he stretched it forth; and it was restored whole, like as the other.

## Science and Health

### 19 | [18:10](#)

Jesus acted boldly, against the accredited evidence of the senses, against Pharisaical creeds and practices, and he refuted all opponents with his healing power.

### 20 | [398:13](#)

To the sufferer with the withered hand he said, "Stretch forth thine hand," and it "was restored whole, like as the other."

### 21 | [356:15](#)

Jesus knew, "It is the spirit that quickeneth; the flesh profiteth nothing."

### 22 | [287:24](#)

The supposition that life, substance, and intelligence are *in* matter, or *of* it, is an error. Matter is neither a thing nor a person, but merely the objective supposition of Spirit's opposite. The five material senses testify to truth and error as united in a mind both good and evil. Their false evidence will finally yield to Truth, — to the recognition of Spirit and of the spiritual creation.

### 23 | [90:8–12, 24–25](#)

Divest yourself of the thought that there can be substance in matter, and the movements and transitions now possible for mortal mind will be found to be equally possible for the body.

The admission to one's self that man is God's own likeness sets man free to master the infinite idea.

### 24 | [369:5](#)

In proportion as matter loses to human sense all entity as man, in that proportion does man become its master. He enters into a diviner sense of the facts, and comprehends the theology of Jesus as demonstrated in healing the sick, raising the dead, and walking over the wave. All these deeds manifested Jesus' control over the belief that matter is substance, that it can be the arbiter of life or the constructor of any form of existence.

## The Bible

### 15 | James 1:17

<sup>17</sup> Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

### 16 | Ephesians 4:7 unto

<sup>7</sup> unto every one of us is given grace according to the measure of the gift of Christ.

### 17 | Ephesians 3:14–19

<sup>14</sup> For this cause I bow my knees unto the Father of our Lord Jesus Christ, <sup>15</sup> Of whom the whole family in heaven and earth is named, <sup>16</sup> That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man; <sup>17</sup> That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, <sup>18</sup> May be able to comprehend with all saints what is the breadth, and length, and depth, and height; <sup>19</sup> And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

## Science and Health

### 25 | 494:15 (only)

The miracle of grace is no miracle to Love.

### 26 | 333:19–23

Throughout all generations both before and after the Christian era, the Christ, as the spiritual idea, — the reflection of God, — has come with some measure of power and grace to all prepared to receive Christ, Truth.

The divine Principle and idea

### 27 | 67:23

Grace and Truth are potent beyond all other means and methods.

### 28 | 548:2

Christian Science separates error from truth, and breathes through the sacred pages the spiritual sense of life, substance, and intelligence. In this Science, we discover man in the image and likeness of God. We see that man has never lost his spiritual estate and his eternal harmony.

Scriptural perception

### 29 | 269:14–25 (to 2<sup>nd</sup>.)

Metaphysics resolves things into thoughts, and exchanges the objects of sense for the ideas of Soul.

These ideas are perfectly real and tangible to spiritual consciousness, and they have this advantage over the objects and thoughts of material sense, — they are good and eternal.

The testimony of the material senses is neither absolute nor divine. I therefore plant myself unreservedly on the teachings of Jesus, of his apostles, of the prophets, and on the testimony of the Science of Mind. Other foundations there are none.

Biblical foundations

## The Bible

### 18 | II Corinthians 4:18 we

18 we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.

### 19 | I John 4:16, 19

16 And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.

19 We love him, because he first loved us.

### 20 | Psalms 42:8 the

8 the Lord will command his lovingkindness in the daytime, and in the night his song shall be with me, and my prayer unto the God of my life.

## Science and Health

### 30 | 468:18–21

Truth, Life, and Love are substance, as the Scriptures use this word in Hebrews: "The substance of things hoped for, the evidence of things not seen."

Spiritual  
synonyms

### 31 | 265:3–5, 10

Man understands spiritual existence in proportion as his treasures of Truth and Love are enlarged.

Godward  
gravitation

This scientific sense of being, forsaking matter for Spirit, by no means suggests man's absorption into Deity and the loss of his identity, but confers upon man enlarged individuality, a wider sphere of thought and action, a more expansive love, a higher and more permanent peace.

### 32 | 516:4

The substance, Life, intelligence, Truth, and Love, which constitute Deity, are reflected by His creation; and when we subordinate the false testimony of the corporeal senses to the facts of Science, we shall see this true likeness and reflection everywhere.