



MARCH 3–9, 2025

Man

GOLDEN TEXT

Psalms 16:6 / *have*

... I have a goodly heritage.

RESPONSIVE READING

James 1:17, 18; Psalms 16:5, 8–11; 119:57 (to :), 73, 90 (to :), 107 quicken, 111

James 1:17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.

18 Of his own will begat he us with the word of truth, that we should be a kind of firstfruits of his creatures.

Ps. 16:5 The Lord is the portion of mine inheritance and of my cup: thou maintainest my lot.

8 I have set the Lord always before me: because he is at my right hand, I shall not be moved.

9 Therefore my heart is glad, and my glory rejoiceth: my flesh also shall rest in hope.

10 For thou wilt not leave my soul in hell; neither wilt thou suffer thine Holy One to see corruption.

11 Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore.

119:57 **Thou art my portion, O Lord:**

73 Thy hands have made me and fashioned me: give me understanding, that I may learn thy commandments.

90 Thy faithfulness is unto all generations:

107 . . . quicken me, O Lord, according unto thy word.

111 Thy testimonies have I taken as an heritage for ever: for they are the rejoicing of my heart.

SECTION 1

The Bible

1 | Malachi 2:10 (to 2nd ?)

10 Have we not all one father? hath not one God created us?

2 | Genesis 1:27 God, 31 (to 1st .)

27 God created man in his own image, in the image of God created he him; male and female created he them.

31 And God saw every thing that he had made, and, behold, it was very good.

3 | [Job 33:4](#)

4 The spirit of God hath made me, and the breath of the Almighty hath given me life.

4 | [Ecclesiastes 3:11 \(to :\)](#)

11 He hath made every thing beautiful in his time:

5 | [Acts 17:28](#)

28 For in him we live, and move, and have our being; as certain also of your own poets have said, For we are also his offspring.

**Science and Health
with Key to the Scriptures
by Mary Baker Eddy**

1 | [515:21-22 Man](#)

Man is the family name for all ideas, — the sons and daughters of God.

2 | [332:4](#)

Father-Mother is the name Father-Mother for Deity, which indicates His tender relationship to His spiritual creation. As the apostle expressed it in words which he quoted with approbation from a classic poet: "For we are also His offspring."

3 | [517:18-19](#)

God has countless ideas, and Divine personality they all have one Principle and parentage.

4 | [336:14, 28](#)

The spiritual man's consciousness and individuality are reflections of God. They are the emanations of Him who is Life, Truth, and Love. Immortal man is not and never was material, but always spiritual and eternal.

God and man are not God the parent Mind the same, but in the order of divine Science, God and man coexist and are eternal. God is the parent Mind, and man is God's spiritual offspring.

5 | [63:5-6, 9](#)

In Science man is the offspring of Spirit. The beautiful, good, and pure constitute his ancestry.

Spirit is his primitive and ultimate source of being; God is his Father, and Life is the law of his being.

SECTION 2

The Bible

6 | [Romans 9:8 They \(to :\)](#)

8 They which are the children of the flesh, these are not the children of God:

7 | [Romans 8:9 ye \(to 1st .\)](#)

9 ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

8 | **Ezekiel 18:2, 3**

2 What mean ye, that ye use this proverb concerning the land of Israel, saying, The fathers have eaten sour grapes, and the children's teeth are set on edge?
 3 As I live, saith the Lord God, ye shall not have occasion any more to use this proverb in Israel.

9 | **James 1:16-18**

16 Do not err, my beloved brethren.
 17 Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variable-ness, neither shadow of turning. 18 Of his own will begat he us with the word of truth, that we should be a kind of first-fruits of his creatures.

10 | **John 3:27 A**

27 A man can receive nothing, except it be given him from heaven.

Science and Health

6 | **572:8**

In Science we are children of God; but whatever is of material sense, or mortal, belongs not to His children, for materiality is the inverted image of spirituality.

7 | **552:13-19**

Human experience in mortal life, which starts from an egg, corresponds with that of Job, when he says, "Man that is born of a wom-

Emergence of mortals

an is of few days, and full of trouble." Mortals must emerge from this notion of material life as all-in-all. They must peck open their shells with Christian Science, and look outward and upward.

8 | **551:17-24 (to .)**

Naturalists ask: "What can there be, of a material nature, transmitted through these bodies called eggs, — themselves composed of the simplest material elements, — by which all peculiarities of ancestry, belonging to either sex, are brought down from generation to generation?" The question of the naturalist amounts to this: How can matter originate or transmit mind? We answer that it cannot.

Transmitted peculiarities

9 | **228:3**

The transmission of disease or of certain idiosyncrasies of mortal mind would be impossible if this great fact of being were learned, — namely, that nothing inharmonious can enter being, for Life is God. Heredity is a prolific subject for mortal belief to pin theories upon; but if we learn that nothing is real but the right, we shall have no dangerous inheritances, and fleshly ills will disappear.

No fleshly heredity

10 | **29:14-16, 30-32**

Those instructed in Christian Science have

The Fatherhood of God

reached the glorious perception that God is the only author of man.

Man as the offspring of God, as the idea of Spirit, is the immortal evidence that Spirit is harmonious and man eternal.

SECTION 3

The Bible

11 | [Romans 8:16, 17 \(to 2nd ;\)](#)

16 The Spirit itself beareth witness with our spirit, that we are the children of God: 17 And if children, then heirs; heirs of God, and joint-heirs with Christ;

12 | [John 9:1-3, 5-7, 18-21, 24, 25, 32, 33](#)

1 And as Jesus passed by, he saw a man which was blind from his birth. 2 And his disciples asked him, saying, Master, who did sin, this man, or his parents, that he was born blind? 3 Jesus answered, Neither hath this man sinned, nor his parents: but that the works of God should be made manifest in him.

5 As long as I am in the world, I am the light of the world. 6 When he had thus spoken, he spat on the ground, and made clay of the spittle, and he anointed the eyes of the blind man with the clay, 7 And said unto him, Go, wash in the pool of Siloam, (which is by interpretation, Sent.) He went his way therefore, and washed, and came seeing.

18 But the Jews did not believe concerning him, that he had been blind, and received his sight, until they called the parents of him that had received his sight. 19 And they asked them, saying, Is this your son, who ye say was born blind? how then doth he now see? 20 His parents answered them and said, We know that this is our son, and that he was born blind: 21 But by what means he now seeth, we know not; or who hath opened his eyes, we know not: he is of age; ask him: he shall speak for himself.

24 Then again called they the man that was blind, and said unto him, Give God the praise: we know that this man is a sinner. 25 He answered and said, Whether he be a sinner or no, I know not: one thing I know, that, whereas I was blind, now I see.

32 Since the world began was it not heard that any man opened the eyes of one that was born blind. 33 If this man were not of God, he could do nothing.

Science and Health

11 | [316:7](#)

Christ, Truth, was demonstrated through Jesus to prove the power of Spirit over the flesh, — to show that Truth is made manifest by its effects upon the human mind and body, healing sickness and destroying sin.

12 | [178:8, 22](#)

Heredity is not a law. The remote cause or belief of disease is not dangerous because of its priority and the connection of past mortal thoughts with present. The predisposing cause and the exciting cause are mental.

In proportion to our understanding of Christian Science, we are freed from the belief of heredity, of mind in matter or animal magnetism; and we disarm sin of its imaginary power in proportion to our spiritual understanding of the status of immortal being.

Animal
magnetism
destroyed

13 | [392:27-32](#)

When the condition is present which you say induces disease, whether it be air, exercise, heredity, contagion, or accident, then perform your office as porter and shut out these unhealthy thoughts and fears. Exclude from mortal mind the offending errors; then the body cannot suffer from them.

Guarding
the door

14 | [396:26](#)

Keep distinctly in thought that man is the offspring of God, not of man; that man is spiritual, not material; that Soul is Spirit, outside of matter, never in it, never giving the body life and sensation. It breaks the dream of disease to understand that sickness is formed by the human mind, not by matter nor by the divine Mind.

15 | [288:27-28, 31-1](#)

Science reveals the glorious possibilities of immortal man, forever unlimited by the mortal senses.

The eternal Truth destroys what mortals seem to have learned from error, and man's real existence as a child of God comes to light.

SECTION 4

The Bible

13 | [Luke 4:14, 15](#)

¹⁴ And Jesus returned in the power of the Spirit into Galilee: and there went out a fame of him through all the region round about. ¹⁵ And he taught in their synagogues, being glorified of all.

14 | [Luke 15:3, 11-13 A, 17, 20-25, 28, 29, 31](#)

³ And he spake this parable unto them, saying,

¹¹ A certain man had two sons: ¹² And the younger of them said to his father, Father, give me the portion of goods that falleth to me. And he divided unto them his living. ¹³ And not many days after the younger son gathered all together, and took his journey into a far country, and there wasted his substance with riotous living.

¹⁷ And when he came to himself, he said, How many hired servants of my fa-

ther's have bread enough and to spare, and I perish with hunger!

20 And he arose, and came to his father. But when he was yet a great way off, his father saw him, and had compassion, and ran, and fell on his neck, and kissed him. 21 And the son said unto him, Father, I have sinned against heaven, and in thy sight, and am no more worthy to be called thy son. 22 But the father said to his servants, Bring forth the best robe, and put it on him; and put a ring on his hand, and shoes on his feet: 23 And bring hither the fatted calf, and kill it; and let us eat, and be merry: 24 For this my son was dead, and is alive again; he was lost, and is found. And they began to be merry.

25 Now his elder son was in the field: and as he came and drew nigh to the house, he heard music and dancing.

28 And he was angry, and would not go in: therefore came his father out, and entreated him. 29 And he answering said to his father, Lo, these many years do I serve thee, neither transgressed I at any time thy commandment: and yet thou never gavest me a kid, that I might make merry with my friends:

31 And he said unto him, Son, thou art ever with me, and all that I have is thine.

15 | [Luke 12:32](#)

32 Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.

16 | [Revelation 21:7](#)

7 He that overcometh shall inherit all things; and I will be his God, and he shall be my son.

Science and Health

16 | [476:28-32](#)

When speaking of God's children, not the children of men, Jesus said, "The kingdom of God is within you;" that is, Truth and Love reign in the real man, showing that man in God's image is unfallen and eternal.

The kingdom
within

17 | [315:16](#)

The likeness of God we lose sight of through sin, which beclouds the spiritual sense of Truth; and we realize this likeness only when we subdue sin and prove man's heritage, the liberty of the sons of God.

18 | [407:6-8, 10](#)

Man's enslavement to the most relentless masters — passion, selfishness, envy, hatred, and revenge — is conquered only by a mighty struggle.

If man is not victorious over the passions, they crush out happiness, health, and manhood. Here Christian Science is the sovereign panacea, giving strength to the weakness of mortal mind, — strength from the immortal and omnipotent Mind, — and lifting humanity above itself into

purer desires, even into spiritual power and good-will to man.

19 | [322:26–30](#)

The sharp experiences of belief in the supposititious life of matter, as well as our disappointments and ceaseless woes, turn us like tired children to the arms of divine Love. Then we begin to learn Life in divine Science.

Uses of
suffering

20 | [248:29](#)

Let unselfishness, goodness, mercy, justice, health, holiness, love — the kingdom of heaven — reign within us, and sin, disease, and death will diminish until they finally disappear.

21 | [337:7–10](#)

For true happiness, man must harmonize with his Principle, divine Love; the Son must be in accord with the Father, in conformity with Christ.

SECTION 5

The Bible

17 | [Acts 3:25](#)

25 Ye are the children of the prophets, and of the covenant which God made with our fathers, saying unto Abraham, And in thy seed shall all the kindreds of the earth be blessed.

18 | [Matthew 15:21–28](#) *Jesus*

21 Jesus went thence, and departed into the coasts of Tyre and Sidon. 22 And, behold, a woman of Canaan came out of the same coasts, and cried unto him, saying, Have mercy on me, O Lord, thou son of David; my daughter is grievously vexed with a devil. 23 But he answered her not a word. And his disciples came and besought him, saying, Send her away; for she crieth after us. 24 But he answered and said, I am not sent but unto the lost sheep of the house of Israel. 25 Then came she and worshipped him, saying, Lord, help me. 26 But he answered and said, It is not meet to take the children's bread, and to cast it to dogs. 27 And she said, Truth, Lord: yet the dogs eat of the crumbs which fall from their masters' table. 28 Then Jesus answered and said unto her, O woman, great is thy faith: be it unto thee even as thou wilt. And her daughter was made whole from that very hour.

19 | [Galatians 3:26, 28, 29](#)

26 For ye are all the children of God by faith in Christ Jesus.

28 There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus. 29 And if ye be Christ's, then are ye Abraham's seed, and heirs according to the promise.

Science and Health

22 | [333:19-26](#)

Throughout all generations both before and after the Christian era, the Christ, as the spiritual idea, — the reflection of God, — has come with some measure of power and grace to all prepared to receive Christ, Truth. Abraham, Jacob, Moses, and the prophets caught glorious glimpses of the Messiah, or Christ, which baptized these seers in the divine nature, the essence of Love.

The divine
Principle
and idea

23 | [494:10](#)

Divine Love always has met and always will meet every human need. It is not well to imagine that Jesus demonstrated the divine power to heal only for a select number or for a limited period of time, since to all mankind and in every hour, divine Love supplies all good.

24 | [12:1-2 \(to .\), 31-3](#)

“The prayer of faith shall save the sick,” says the Scripture.

In divine Science, where prayers are mental, *all* may avail themselves of God as “a very present help in trouble.” Love is impartial and universal in its adaptation and bestowals.

25 | [449:3](#)

A grain of Christian Science does wonders for mortals, so omnipotent is Truth,

but more of Christian Science must be gained in order to continue in well doing.

26 | [412:23-2](#)

Mentally insist that harmony is the fact, and that sickness is a temporal dream. Realize the presence of health and the fact of harmonious being, until the body corresponds with the normal conditions of health and harmony.

If the case is that of a young child or an infant, it needs to be met mainly through the parent’s thought, silently or audibly on the aforesaid basis of Christian Science. The Scientist knows that there can be no hereditary disease, since matter is not intelligent and cannot transmit good or evil intelligence to man, and God, the only Mind, does not produce pain in matter.

The cure
of infants

27 | [368:14](#)

When we come to have more faith in the truth of being than we have in error, more faith in Spirit than in matter, more faith in living than in dying, more faith in God than in man, then no material suppositions can prevent us from healing the sick and destroying error.

28 | [37:22-25](#)

It is possible, — yea, it is the duty and privilege of every child, man, and woman, — to follow in some degree the example

of the Master by the demonstration of Truth and Life, of health and holiness.

SECTION 6

The Bible

20 | [Matthew 25:34](#) *Come*

³⁴ Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world:

Science and Health

29 | [535:15](#)

When will man pass through the open gate of Christian Science into the heaven of Soul, into the heritage of the first born among men? Truth is indeed "the way."

30 | [227:24-25](#)

Citizens of the world,
accept the "glorious liberty
of the children of God," and be free!

Standard
of liberty

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