



JANUARY 11–17, 2021

Life

GOLDEN TEXT

Psalms 96:1 (to :), 8 (to :)

O sing unto the Lord a new song: . . . Give unto the Lord the glory due unto his name:

RESPONSIVE READING

Psalms 42:2 (to :), 8 *the*, 11 *I shall*; 40:3 *he* (to :), 5, 8, 10, 11, 16

2 My soul thirsteth for God, for the living God:
8 . . . **the Lord will command his lovingkindness in the daytime, and in the night his song shall be with me, and my prayer unto the God of my life.**
11 . . . I shall yet praise him, who is the health of my countenance, and my God.
3 . . . **he hath put a new song in my mouth, even praise unto our God:**
5 Many, O Lord my God, are thy wonderful works which thou hast done, and thy thoughts which are to us-ward: they cannot be reckoned up in order unto thee: if I would declare and speak of them, they are more than can be numbered.
8 **I delight to do thy will, O my God: yea, thy law is within my heart.**
10 I have not hid thy righteousness within my heart; I have declared thy faithfulness and thy salvation: I have not concealed thy

lovingkindness and thy truth from the great congregation.

11 **Withhold not thou thy tender mercies from me, O Lord: let thy lovingkindness and thy truth continually preserve me.**

16 Let all those that seek thee rejoice and be glad in thee: let such as love thy salvation say continually, The Lord be magnified.

SECTION 1

The Bible

1 | **Psalms 27:1 (to 2nd ;)**

1 The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life;

2 | **Psalms 98:1**

1 O sing unto the Lord a new song; for he hath done marvellous things: his right hand, and his holy arm, hath gotten him the victory.

3 | **Isaiah 52:9, 10**

9 Break forth into joy, sing together, ye waste places of Jerusalem: for the Lord hath comforted his people, he hath redeemed Jerusalem. 10 The Lord hath made bare his holy arm in the eyes of all the nations; and all the ends of the earth shall see the salvation of our God.

4 | **Isaiah 38:18–20**

18 For the grave cannot praise thee, death cannot celebrate thee: they that go down into the pit cannot hope for thy truth. 19 The living, the living, he shall praise thee, as I do this day: the father to the children shall make known thy truth.

20 The Lord was ready to save me: therefore we will sing my songs to the stringed instruments all the days of our life in the house of the Lord.

5 | **Isaiah 53:1**

1 Who hath believed our report? and to whom is the arm of the Lord revealed?

6 | **Deuteronomy 30:19 / have, 20 (to 2nd :)**

19 I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live: 20 That thou mayest love the Lord thy God, and that thou mayest obey his voice, and that thou mayest cleave unto him: for he is thy life, and the length of thy days:

*Science and Health
with Key to the Scriptures*
by Mary Baker Eddy

1 | **330:11–12**

God is infinite, the only Life, substance, Spirit, or Soul, the only intelligence of the universe, including man.

2 | **289:32**

Because Life is God, Life must be eternal, self-existent. Life is the everlasting I AM, the Being who was and is and shall be, whom nothing can erase.

3 | **349:10**

Two essential points of Christian Science are, that neither Life nor man dies, and that God is not the author of sickness.

4 | **24:11–13**

He to whom “the arm of the Lord” is revealed will believe our report, and rise into newness of life with regeneration.

5 | **496:9 (only)**

We all must learn that Life is God.

SECTION 2

The Bible

7 | **Psalms 84:2**

2 My soul longeth, yea, even fainteth for the courts of the Lord: my heart and my flesh crieth out for the living God.

8 | **1 Kings 17:1–6 Elijah**

1 Elijah the Tishbite, who was of the inhabitants of Gilead, said unto Ahab, As the Lord God of Israel liveth, before whom I stand, there shall not be dew nor rain these years, but according to my word.

2 And the word of the Lord came unto him, saying,

3 Get thee hence, and turn thee eastward, and hide thyself by the brook Cherith, that is before Jordan. 4 And it shall be, that thou shalt drink of the brook; and I have commanded the ravens to feed thee there. 5 So he went and did according unto the word of the Lord: for he went and dwelt by the brook Cherith, that is before Jordan. 6 And the ravens brought him bread and flesh in the morning, and bread and flesh in the evening; and he drank of the brook.

9 | **Luke 12:24**

24 Consider the ravens: for they neither sow nor reap; which neither have storehouse nor barn; and God feedeth them: how much more are ye better than the fowls?

10 | **Deuteronomy 8:3** *man*

3 man doth not live by bread only, but by every word that proceedeth out of the mouth of the Lord doth man live.

*Science and Health*6 | **531:26–27**

Is Life sustained by matter or by Spirit?

7 | **139:4–8**

From beginning to end, the Scriptures are full of accounts of the triumph of Spirit, Mind, over matter. Moses proved the power of Mind by what men called miracles; so did Joshua, Elijah, and Elisha.

Marvels and reformatations

8 | **390:4–9**

We cannot deny that Life is self-sustained, and we should never deny the everlasting harmony of Soul, simply because, to the mortal senses, there is seeming discord. It is our ignorance of God, the divine Principle, which produces apparent discord, and the right understanding of Him restores harmony.

Ultimate harmony

9 | **530:5–7**

In divine Science, man is sustained by God, the divine Principle of being. The earth, at God's command, brings forth food for man's use.

10 | **249:6–9**

Let us feel the divine energy of Spirit, bringing us into newness of life and recognizing no mortal nor material power as able to destroy. Let us rejoice that we are subject to the divine "powers that be."

Renewed selfhood

SECTION 3

The Bible

11 | **Luke 4:14**

14 And Jesus returned in the power of the Spirit into Galilee: and there went out a fame of him through all the region round about.

12 | **Luke 8:4–8 (to 1st .)**

4 And when much people were gathered together, and were come to him out of every city, he spake by a parable: 5 A sower went out to sow his seed: and as he sowed, some fell by the way side; and it was trodden down, and the fowls of the air devoured it.

6 And some fell upon a rock; and as soon as it was sprung up, it withered away, because it lacked moisture. 7 And some fell among thorns; and the thorns sprang up with it, and choked it. 8 And other fell on good ground, and sprang up, and bare fruit an hundredfold.

13 | **Galatians 6:7** *whatsoever, 8*

7 whatsoever a man soweth, that shall he also reap. 8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

14 | **II Corinthians 5:16, 17**

16 Wherefore henceforth know we no man after the flesh: yea, though we have known Christ after the flesh, yet now henceforth know we him no more. 17 Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

*Science and Health*11 | **289:31–32**

Man is not the offspring of flesh, but of Spirit, — of Life, not of matter.

12 | [288:27–4](#)

Science reveals the glorious possibilities of immortal man, forever unlimited by the mortal senses. The Christ-element in the Messiah made him the Way-shower, Truth and Life.

The eternal Truth destroys what mortals seem to have learned from error, and man's real existence as a child of God comes to light. Truth demonstrated is eternal life. Mortal man can never rise from the temporal *débris* of error, belief in sin, sickness, and death, until he learns that God is the only Life.

13 | [272:6–8](#)

In the soil of an "honest and good heart" the seed must be sown; else it beareth not much fruit, for the swinish element in human nature uproots it.

14 | [405:17–18](#)

"Whatsoever a man soweth, that shall he also reap."

15 | [276:17](#)

If God is admitted to be the only Mind and Life, there ceases to be any opportunity for sin and death. When we learn in Science how to be perfect even as our Father in heaven is perfect, thought is turned into new and healthy channels, — towards the contemplation of things immortal and away from materiality to the Principle of the universe, including harmonious man.

The
Christ-element

Spirituality
of Scripture

Perfection
requisite

SECTION 4

The Bible

15 | [Psalms 56:4, 13](#)

4 In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.

13 For thou hast delivered my soul from death: wilt not thou deliver my feet from falling, that I may walk before God in the light of the living?

16 | [John 17:1–3](#)

1 These words spake Jesus, and lifted up his eyes to heaven, and said, Father, the hour is come; glorify thy Son, that thy Son also may glorify thee:
2 As thou hast given him power over all flesh, that he should give eternal life to as many as thou hast given him.

3 And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.

17 | [John 10:10](#) *I am*

10 I am come that they might have life, and that they might have it more abundantly.

18 | [Colossians 3:1, 3](#) *your*, [4, 9, 10](#)

1 If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.

3 your life is hid with Christ in God.

4 When Christ, who is our life, shall appear, then shall ye also appear with him in glory.

9 Lie not one to another, seeing that ye have put off the old man with his deeds; 10 And have put on the new man, which is renewed in

knowledge after the image of him that created him:

Science and Health

16 | [410:4–7](#)

“This is life eternal,” says Jesus, — *is*, not *shall be*; and then he defines everlasting life as a present knowledge of his Father and of himself, — the knowledge of Love, Truth, and Life.

Life eternal
and present

17 | [246:27](#)

Life is eternal. We should find this out, and begin the demonstration thereof. Life and goodness are immortal. Let us then shape our views of existence into loveliness, freshness, and continuity, rather than into age and blight.

True life
eternal

18 | [192:32–4](#)

I was called to visit Mr. Clark in Lynn, who had been confined to his bed six months with hip-disease, caused by a fall upon a wooden spike when quite a boy. On entering the house I met his physician, who said that the patient was dying.

Mind cures
hip-disease

19 | [193:7–14 \(to 2nd .\), 17–20, 32](#)

The doctor went out. Mr. Clark lay with his eyes fixed and sightless. The dew of death was on his brow. I went to his bedside. In a few moments his face changed; its death-pallor gave place to a natural hue. The eyelids closed gently and the breathing became natural; he was asleep. In about ten minutes he opened his eyes and said: “I feel like a new man. My suffering is all gone.”

I told him to rise, dress himself, and take supper with his family. He did so. The next day I saw him in the yard. Since then I have not seen him, but am informed that he went to work in two weeks.

It has been demonstrated to me that Life is God and that the might of omnipotent Spirit shares not

its strength with matter or with human will.

Reviewing this brief experience, I cannot fail to discern the coincidence of the spiritual idea of man with the divine Mind.

20 | [409:20](#)

The real man is spiritual and immortal, but the mortal and imperfect so-called “children of men” are counterfeits from the beginning, to be laid aside for the pure reality. This mortal is put off, and the new man or real man is put on, in proportion as mortals realize the Science of man and seek the true model.

21 | [426:16–19](#)

When it is learned that disease cannot destroy life, and that mortals are not saved from sin or sickness by death, this understanding will quicken into newness of life.

22 | [300:9](#)

So far as the scientific statement as to man is understood, it can be proved and will bring to light the true reflection of God — the real man, or the *new man* (as St. Paul has it).

SECTION 5

The Bible

19 | [Psalms 47:1, 7](#)

1 O clap your hands, all ye people; shout unto God with the voice of triumph.

7 For God is the King of all the earth: sing ye praises with understanding.

20 | [Matthew 5:6](#)

6 Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

21 | [John 4:7, 9–11, 13, 14, 19, 25](#) *I know, 26*

7 There cometh a woman of Samaria to draw water: Jesus saith unto her, Give me to drink.

9 Then saith the woman of Samaria unto him, How is it that thou, being a Jew, askest drink of me, which am a woman of Samaria? for the Jews have no dealings with the Samaritans.

10 Jesus answered and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water.

11 The woman saith unto him, Sir, thou hast nothing to draw with, and the well is deep: from whence then hast thou that living water?

13 Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again:

14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

19 The woman saith unto him, Sir, I perceive that thou art a prophet.

25 I know that Messias cometh, which is called Christ: when he is come, he will tell us all things.

26 Jesus saith unto her, I that speak unto thee am he.

22 | [Jude 1:21](#)

21 Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

23 | [Romans 6:4](#) *like*

4 like as Christ was raised up from the dead by the glory of the Father, even so we also should walk in newness of life.

*Science and Health*23 | [324:13–15](#)

Be watchful, sober, and vigilant. The way is straight and narrow, which leads to the understanding that God is the only Life.

24 | [205:32](#)

When we fully understand our relation to the Divine, we can have no other Mind but His, — no other Love, wisdom, or Truth, no other sense of Life, and no consciousness of the existence of matter or error.

25 | [201:7–9](#)

We cannot build safely on false foundations. Truth makes a new creature, in whom old things pass away and “all things are become new.”

26 | [26:14, 28–32](#)

Divine Truth, Life, and Love gave Jesus authority over sin, sickness, and death. His mission was to reveal the Science of celestial being, to prove what God is and what He does for man.

Our Master taught no mere theory, doctrine, or belief. It was the divine Principle of all real being which he taught and practised. His proof of Christianity was no form or system of religion and worship, but Christian Science, working out the harmony of Life and Love.

27 | [234:4](#)

Whatever inspires with wisdom, Truth, or Love — be it song, sermon, or Science — blesses the human family with crumbs of comfort from Christ's table, feeding the hungry and giving living waters to the thirsty.

Crumbs of
comfort

SECTION 6

The Bible

24 | [Psalms 18:1, 28, 29, 31, 32, 35, 46](#)

1 I will love thee, O Lord, my strength.

28 For thou wilt light my candle: the Lord my God will enlighten my darkness.

29 For by thee I have run through a troop; and by my God have I leaped over a wall.

31 For who is God save the Lord? or who is a rock save our God? 32 It is God that girdeth me with strength, and maketh my way perfect.

35 Thou hast also given me the shield of thy salvation: and thy right hand hath holden me up, and thy gentleness hath made me great.

46 The Lord liveth; and blessed be my rock; and let the God of my salvation be exalted.

25 | [Psalms 133:3 the Lord](#)

3 the Lord commanded the blessing, even life for evermore.

Science and Health

28 | [103:31–32](#)

Life and being are of God.

29 | [191:8](#)

As a material, theoretical life-basis is found to be a misapprehension of existence, the spiritual and divine Principle of man dawns upon human thought, and leads it to “where the young child was,” — even to the birth of a new-old idea, to the spiritual sense of being and of what Life includes. Thus the whole earth will be transformed by Truth on its pinions of light, chasing away the darkness of error.

The immortal birth

30 | [264:24](#)

Spiritual living and blessedness are the only evidences, by which we can recognize true existence and feel the unspeakable peace which comes from an all-absorbing spiritual love.

Spiritual proofs of existence

31 | [vii:1–2](#)

To those leaning on the sustaining infinite, to-day is big with blessings.

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