



NOVEMBER 16–22, 2020

Soul and Body

GOLDEN TEXT

Psalms 90:1

Lord, thou hast been our dwelling place in all generations.

RESPONSIVE READING

Isaiah 42:1 (to 2nd); 55:3 (to); 8–12; 60:1, 19

1 Behold my servant, whom I uphold; mine elect, in whom my soul delighteth;

3 **Incline your ear, and come unto me: hear, and your soul shall live;**

8 For my thoughts are not your thoughts, neither are your ways my ways, saith the Lord.

9 **For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts.**

10 For as the rain cometh down, and the snow from heaven, and returneth not thither, but watereth the earth, and maketh it bring forth and bud, that it may give seed to the sower, and bread to the eater:

11 **So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.**

12 For ye shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing, and all the trees of the field shall clap their hands.

1 **Arise, shine; for thy light is come, and the glory of the Lord is risen upon thee.**

19 The sun shall be no more thy light by day; neither for brightness shall the moon give light unto thee: but the Lord shall be unto thee an everlasting light, and thy God thy glory.

SECTION 1

The Bible

1 | **Psalms 84:1, 2, 4**

1 How amiable are thy tabernacles, O Lord of hosts! 2 My soul longeth, yea, even fainteth for the courts of the Lord: my heart and my flesh crieth out for the living God.

4 Blessed are they that dwell in thy house: they will be still praising thee.

2 | **Exodus 33:9, 12–14, 19 / will, 20**

9 And it came to pass, as Moses entered into the tabernacle, the cloudy pillar descended, and stood at the door of the tabernacle, and the Lord talked with Moses.

12 And Moses said unto the Lord, See, thou sayest unto me, Bring up this people: and thou hast not let me know whom thou wilt send with me. Yet thou hast said, I know thee by name, and thou hast also found grace in my sight.

13 Now therefore, I pray thee, if I have found grace in thy sight, shew me now thy way, that I may know thee, that I may find grace in thy sight: and consider that this nation is thy people. 14 And he said, My presence shall go with thee, and I will give thee rest.

19 I will make all my goodness pass before thee, and I will proclaim the name of the Lord before thee;

and will be gracious to whom I will be gracious, and will shew mercy on whom I will shew mercy. 20 And he said, Thou canst not see my face: for there shall no man see me, and live.

3 | [I Corinthians 2:9 as, 10](#)

9 as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him. 10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

*Science and Health
with Key to the Scriptures*
by Mary Baker Eddy

1 | [465:9 God](#)

God is incorporeal, divine, supreme, infinite Mind, Spirit, Soul, Principle, Life, Truth, Love.

2 | [335:16–22](#)

Soul and Spirit being one, Soul and Spirit one
God and Soul are one, and this one never included in a limited mind or a limited body. Spirit is eternal, divine. Nothing but Spirit, Soul, can evolve Life, for Spirit is more than all else. Because Soul is immortal, it does not exist in mortality. Soul must be incorporeal to be Spirit, for Spirit is not finite.

3 | [116:20–22](#)

Christian Science strongly Divine personality
emphasizes the thought that God is not *corporeal*, but *incorporeal*, — that is, bodiless.

4 | [140:4–12](#)

That God is a corporeal God invisible to the senses
being, nobody can truly affirm.

The Bible represents Him as saying: “Thou canst not see My face; for there shall no man see Me, and live.” Not materially but spiritually we know Him as divine Mind, as Life, Truth, and Love. We shall obey and adore in proportion as we apprehend the divine nature and love Him understandingly, warring no more over the corporeality, but rejoicing in the affluence of our God.

5 | [281:14](#)

The one Ego, the one Mind or Spirit called God, is infinite individuality, which supplies all form and comeliness and which reflects reality and divinity in individual spiritual man and things.

SECTION 2

The Bible

4 | [II Corinthians 5:1 we, 2, 6, 8](#)

1 we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens. 2 For in this we groan, earnestly desiring to be clothed upon with our house which is from heaven:

6 Therefore we are always confident, knowing that, whilst we are at home in the body, we are absent from the Lord:

8 We are confident, I say, and willing rather to be absent from the body, and to be present with the Lord.

5 | [Acts 17:28 \(to ;\)](#)

28 For in him we live, and move, and have our being;

*Science and Health*6 | [477:19–26](#)*Question.* — What are body and Soul?

Answer. — Identity is the reflection of Spirit, the reflection in multifarious forms of the living Principle, Love. Soul is the substance, Life, and intelligence of man, which is individualized, but not in matter. Soul can never reflect anything inferior to Spirit.

Man is the expression of Soul.

Reflection
of Spirit7 | [13:20–6](#)

If we pray to God as a corporeal person, this will prevent us from relinquishing the human doubts and fears which attend such a belief, and so we cannot grasp the wonders wrought by infinite, incorporeal Love, to whom all things are possible. Because of human ignorance of the divine Principle, Love, the Father of all is represented as a corporeal creator; hence men recognize themselves as merely physical, and are ignorant of man as God's image or reflection and of man's eternal incorporeal existence. The world of error is ignorant of the world of Truth, — blind to the reality of man's existence, — for the world of sensation is not cognizant of life in Soul, not in body.

Corporeal
ignorance

If we are sensibly with the body and regard omnipotence as a corporeal, material person, whose ear we would gain, we are not "absent from the body" and "present with the Lord" in the demonstration of Spirit. We cannot "serve two masters."

Bodily
presence8 | [223:3](#)

Sooner or later we shall learn that the fetters of man's finite capacity are forged by the illusion that he lives in body instead of in Soul, in matter instead of in Spirit.

9 | [428:8](#)

To divest thought of false trusts and material evidences in order that the spiritual facts of being may appear, — this is the great attainment by means of which we shall sweep away the false and give place to the true. Thus we may establish in truth the temple, or body, "whose builder and maker is God."

SECTION 3

The Bible

6 | [Daniel 12:3](#) *they*

3 they that be wise shall shine as the brightness of the firmament; and they that turn many to righteousness as the stars for ever and ever.

7 | [II Corinthians 11:3](#) / *fear*

3 I fear, lest by any means, as the serpent beguiled Eve through his subtilty, so your minds should be corrupted from the simplicity that is in Christ.

8 | [I John 4:1, 5, 6](#)

1 Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world.

5 They are of the world: therefore speak they of the world, and the world heareth them.

6 We are of God: he that knoweth God heareth us; he that is not of God heareth not us. Hereby know we the spirit of truth, and the spirit of error.

*Science and Health*10 | [92:11–12](#)

In old Scriptural pictures we see a serpent coiled around the tree of knowledge and speaking to Adam and Eve.

11 | [280:21–30](#)

The argument of the serpent in the allegory, “Ye shall be as gods,” urges through every avenue the belief that Soul is in body, and that infinite Spirit, and Life, is in finite forms.

Rightly understood, instead of possessing a sentient material form, man has a ^{Sensationless} body; and God, the Soul of man and of all existence, being perpetual in His own individuality, harmony, and immortality, imparts and perpetuates these qualities in man, — through Mind, not matter.

12 | [258:1–3, 9](#)

A mortal, corporeal, or finite conception of God cannot embrace the glories of limitless, incorporeal Life and Love.

Man is more than a material form with a mind inside, which ^{Infinity’s} reflection must escape from its environments in order to be immortal. Man reflects infinity, and this reflection is the true idea of God.

13 | [204:30](#) ^{2nd} *The*

The error, which says that Soul is in body, Mind is in matter, and good is in evil, must unsay it and cease from such utterances; else God will continue to be hidden from humanity, and mortals will sin without knowing that they are sinning, will lean on matter instead of Spirit, stumble with lameness, drop with drunkenness, consume with disease, — all because of their blindness, their false sense concerning God and man.

14 | [167:6](#)

We apprehend Life in divine Science only as we live above corporeal sense and correct it. Our proportionate admission of the claims of good or of evil determines the harmony of our existence, — our health, our longevity, and our Christianity.

SECTION 4

The Bible

9 | [Matthew 4:23](#) *Jesus*

23 Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people.

10 | [Matthew 5:1, 2, 16, 48](#)

1 And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: 2 And he opened his mouth, and taught them, saying,

16 Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

48 Be ye therefore perfect, even as your Father which is in heaven is perfect.

11 | [Matthew 7:28, 29](#)

28 And it came to pass, when Jesus had ended these sayings, the people were astonished at his doctrine: 29 For he taught them as one having authority, and not as the scribes.

12 | [Matthew 12:22](#)

22 Then was brought unto him one possessed with a devil, blind, and dumb: and he healed him, insomuch that the blind and dumb both spake and saw.

*Science and Health*15 | [210:11–16](#)

Knowing that Soul and its attributes were forever manifested through man, the Master healed the sick, gave sight to the blind, hearing to the deaf, feet to the lame, thus bringing to light the scientific action of the divine Mind on human minds and bodies and giving a better understanding of Soul and salvation.

16 | **485:19–24**

The belief that life can be in matter or soul in body, and that man springs from dust or from an egg, is the result of the mortal error which Christ, or Truth, destroys by fulfilling the spiritual law of being, in which man is perfect, even as the “Father which is in heaven is perfect.”

17 | **494:15–19 Jesus**

Jesus demonstrated the inability of corporeality, as well as the infinite ability of Spirit, thus helping erring human sense to flee from its own convictions and seek safety in divine Science.

Reason
and Science

18 | **395:6–10**

Like the great Exemplar, the healer should speak to disease as one having authority over it, leaving Soul to master the false evidences of the corporeal senses and to assert its claims over mortality and disease.

Divine
authority

19 | **208:25–2 A**

A material body only expresses a material and mortal mind. A mortal man possesses this body, and he makes it harmonious or discordant according to the images of thought impressed upon it. You embrace your body in your thought, and you should delineate upon it thoughts of health, not of sickness. You should banish all thoughts of disease and sin and of other beliefs included in matter. Man, being immortal, has a perfect indestructible life.

Sickness as
only thought

SECTION 5

The Bible

13 | **John 13:31 Jesus**

³¹ Jesus said, Now is the Son of man glorified, and God is glorified in him.

14 | **Matthew 17:1–9 Jesus**

¹ Jesus taketh Peter, James, and John his brother, and bringeth them up into an high mountain apart, ² And was transfigured before them: and his face did shine as the sun, and his raiment was white as the light. ³ And, behold, there appeared unto them Moses and Elias talking with him. ⁴ Then answered Peter, and said unto Jesus, Lord, it is good for us to be here: if thou wilt, let us make here three tabernacles; one for thee, and one for Moses, and one for Elias. ⁵ While he yet spake, behold, a bright cloud overshadowed them: and behold a voice out of the cloud, which said, This is my beloved Son, in whom I am well pleased; hear ye him. ⁶ And when the disciples heard it, they fell on their face, and were sore afraid. ⁷ And Jesus came and touched them, and said, Arise, and be not afraid. ⁸ And when they had lifted up their eyes, they saw no man, save Jesus only. ⁹ And as they came down from the mountain, Jesus charged them, saying, Tell the vision to no man, until the Son of man be risen again from the dead.

*Science and Health*20 | **333:19–23**

Throughout all generations both before and after the Christian era, the Christ, as the spiritual idea, — the reflection of God, — has come with some measure of power and grace to all prepared to receive Christ, Truth.

The divine
Principle
and idea

21 | **67:27–28**

Spiritual, not corporeal, consciousness is needed.

22 | **336:14**

The spiritual man's consciousness and individuality are reflections of God. They are the emanations of Him who is Life, Truth, and Love. Immortal man is not and never was material, but always spiritual and eternal.

23 | **302:3–9**

The material body and mind are temporal, but the real man is spiritual and eternal. The identity of the real man is not lost, but found through this explanation; for the conscious infinitude of existence and of all identity is thereby discerned and remains unchanged. It is impossible that man should lose aught that is real, when God is all and eternally his.

Identity
not lost

24 | **598:23–30**

One moment of divine consciousness, or the spiritual understanding of Life and Love, is a foretaste of eternity. This exalted view, obtained and retained when the Science of being is understood, would bridge over with life discerned spiritually the interval of death, and man would be in the full consciousness of his immortality and eternal harmony, where sin, sickness, and death are unknown.

25 | **306:7–8 The**

The immortality of Soul makes man immortal.

SECTION 6

The Bible

15 | **Psalms 148:1–3**

1 Praise ye the Lord. Praise ye the Lord from the heavens: praise him in the heights. 2 Praise ye him, all his angels: praise ye him, all his hosts.

3 Praise ye him, sun and moon: praise him, all ye stars of light.

16 | **Psalms 84:11**

11 For the Lord God is a sun and shield: the Lord will give grace and glory: no good thing will he withhold from them that walk uprightly.

17 | **Revelation 21:1, 2, 22, 23**

1 And I saw a new heaven and a new earth: for the first heaven and the first earth were passed away; and there was no more sea. 2 And I John saw the holy city, new Jerusalem, coming down from God out of heaven, prepared as a bride adorned for her husband.

22 And I saw no temple therein: for the Lord God Almighty and the Lamb are the temple of it. 23 And the city had no need of the sun, neither of the moon, to shine in it: for the glory of God did lighten it, and the Lamb is the light thereof.

*Science and Health*26 | **573:3–5, 13–23**

The Revelator was on our plane of existence, while yet beholding what the eye cannot see, — that which is invisible to the uninspired thought.

Accompanying this scientific consciousness was another revelation, even the declaration from heaven, supreme harmony, that God, the divine Principle of harmony, is ever with men, and they are His people. Thus man was no longer regarded as a miserable sinner, but as the blessed child of God. Why? Because St. John's corporeal sense of the heavens and earth had vanished, and in place of this false sense was the spiritual sense, the subjective state by which he could see the new heaven and new earth, which involve the spiritual idea and consciousness of reality.

Nearness
of Deity

27 | [576:3–15, 18](#)

This heavenly city, lighted
by the Sun of Righteousness, —
this New Jerusalem, this infinite All, which to us
seems hidden in the mist of remoteness, — reached
St. John's vision while yet he tabernacled with
mortals.

Revelation's
pure zenith

In Revelation xxi. 22, further describing this holy
city, the beloved Disciple writes: —

And I saw no temple therein: for the Lord God Almighty and
the Lamb are the temple of it.

There was no temple, —
that is, no material structure in
which to worship God, for He must be worshipped
in spirit and in love. The word *temple* also means
body.

The shrine
celestial

What further indication need we of the real
man's incorporeality than this, that John saw heaven
and earth with “no temple [body] therein”? This

kingdom of God “is within you,” — is within reach of
man's consciousness here, and the spiritual idea
reveals it. In divine Science, man possesses this
recognition of harmony consciously in proportion to
his understanding of God.

28 | [561:20](#)

In divine revelation, material and corporeal
selfhood disappear, and the spiritual idea is
understood.

29 | [477:6](#)

Man is not a material habitation for Soul; he is
himself spiritual. Soul, being Spirit, is seen in nothing
imperfect nor material.

30 | [249:31 \(only\)](#)

Man is the reflection of Soul.

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