



MAY 18–24, 2020

# Soul and Body

## GOLDEN TEXT

### I Corinthians 3:17 2<sup>nd</sup> *the*

. . . the temple of God is holy, which temple ye are.

## RESPONSIVE READING

### Isaiah 26:8, 12; II Corinthians 4:1, 16–18 *but*; 5:1, 6, 8

8 Yea, in the way of thy judgments, O Lord, have we waited for thee; the desire of our soul is to thy name, and to the remembrance of thee.

12 **Lord, thou wilt ordain peace for us: for thou also hast wrought all our works in us.**

1 Therefore seeing we have this ministry, as we have received mercy, we faint not;

16 . . . **but though our outward man perish, yet the inward man is renewed day by day.**

17 For our light affliction, which is but for a moment, worketh for us a far more exceeding and eternal weight of glory;

18 **While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal.**

1 For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens.

6 **Therefore we are always confident, knowing that, whilst we are at home in the body, we are absent from the Lord:**

8 We are confident, I say, and willing rather to be absent from the body, and to be present with the Lord.

## SECTION 1

### The Bible

#### 1 | Psalms 104:1

1 Bless the Lord, O my soul. O Lord my God, thou art very great; thou art clothed with honour and majesty.

#### 2 | Psalms 93:2, 5

2 Thy throne is established of old: thou art from everlasting.

5 Thy testimonies are very sure: holiness becometh thine house, O Lord, for ever.

#### 3 | Isaiah 61:10

10 I will greatly rejoice in the Lord, my soul shall be joyful in my God; for he hath clothed me with the garments of salvation, he hath covered me with the robe of righteousness, as a bridegroom decketh himself with ornaments, and as a bride adorneth herself with her jewels.

4 | [Isaiah 43:10, 21](#)

10 Ye are my witnesses, saith the Lord, and my servant whom I have chosen: that ye may know and believe me, and understand that I am he: before me there was no God formed, neither shall there be after me.

21 This people have I formed for myself; they shall shew forth my praise.

5 | [Isaiah 42:1 \(to :\)](#)

1 Behold my servant, whom I uphold; mine elect, in whom my soul delighteth; I have put my spirit upon him:

6 | [Psalms 8:4](#)

4 What is man, that thou art mindful of him? and the son of man, that thou visitest him?

*Science and Health with Key to the Scriptures*  
by Mary Baker Eddy

1 | [70:13](#)

The questions are: What are God's identities? What is Soul? Does life or soul exist in the thing formed?

Real and unreal identity

2 | [71:5](#)

The identity, or idea, of all reality continues forever; but Spirit, or the divine Principle of all, is not *in* Spirit's formations. Soul is synonymous with Spirit, God, the creative, governing, infinite Principle outside of finite form, which forms only reflect.

3 | [466:21–23](#)

There is no finite soul nor spirit. Soul or Spirit means only one Mind, and cannot be rendered in the plural.

Mankind redeemed

4 | [477:6, 22–29](#)

Man is not a material habitation for Soul; he is himself spiritual. Soul, being Spirit, is seen in nothing imperfect nor material.

Soul is the substance, Life, and intelligence of man, which is individualized, but not in matter. Soul can never reflect anything inferior to Spirit.

Reflection of Spirit

Man is the expression of Soul. The Indians caught some glimpses of the underlying reality, when they called a certain beautiful lake "the smile of the Great Spirit."

Man inseparable from Spirit

5 | [247:13](#)

Immortality, exempt from age or decay, has a glory of its own, — the radiance of Soul. Immortal men and women are models of spiritual sense, drawn by perfect Mind and reflecting those higher conceptions of loveliness which transcend all material sense.

Eternal beauty

6 | [510:2](#)

How much more should we seek to apprehend the spiritual ideas of God, than to dwell on the objects of sense! To discern the rhythm of Spirit and to be holy, thought must be purely spiritual.

Spiritual ideas apprehended

SECTION 2

The Bible

7 | [Romans 8:5 they, 9 ye \(to 1<sup>st</sup> .\), 12–14](#)

5 they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.

9 ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you.

12 Therefore, brethren, we are debtors, not to the flesh, to live after the flesh. 13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live. 14 For as many as are led by the Spirit of God, they are the sons of God.

### 8 | [Isaiah 2:22](#)

22 Cease ye from man, whose breath is in his nostrils: for wherein is he to be accounted of?

### 9 | [Psalms 65:1, 4 we](#)

1 Praise waiteth for thee, O God, in Sion: and unto thee shall the vow be performed.

4 we shall be satisfied with the goodness of thy house, even of thy holy temple.

### 10 | [Psalms 84:11 the \(to 2<sup>nd</sup> :\)](#)

11 the Lord God is a sun and shield: the Lord will give grace and glory:

### 11 | [Psalms 71:23](#)

23 My lips shall greatly rejoice when I sing unto thee; and my soul, which thou hast redeemed.

## *Science and Health*

### 7 | [122:29](#)

Our theories make the same mistake regarding Soul and body that Ptolemy made regarding the solar system. They insist that soul is in body and mind therefore tributary to matter. Astronomical science has destroyed the false theory as to the relations of the celestial bodies, and Christian Science will surely destroy the greater error as to our terrestrial bodies. The true idea and Principle of man will then appear. The Ptolemaic blunder could not affect the harmony of being as does the error relating to soul and body, which reverses the order of Science and assigns to matter the power and prerogative of Spirit, so that man becomes the most absolutely weak and inharmonious creature in the universe.

Ptolemaic  
and psychical  
error

### 8 | [200:8–13](#)

Whoever is incompetent to explain Soul would be wise not to undertake the explanation of body. Life is, always has been, and ever will be independent of matter; for Life is God, and man is the idea of God, not formed materially but spiritually, and not subject to decay and dust.

A mortal  
not man

### 9 | [204:30 2<sup>nd</sup> The](#)

The error, which says that Soul is in body, Mind is in matter, and good is in evil, must unsay it and cease from such utterances; else God will continue to be hidden from humanity, and mortals will sin without knowing that they are sinning, will lean on matter instead of Spirit, stumble with lameness, drop with drunkenness, consume with disease, — all because of their blindness, their false sense concerning God and man.

10 | [280:25–30](#)

Rightly understood, instead of possessing a sentient material form, man has a sensationless body; and God, the Soul of man and of all existence, being perpetual in His own individuality, harmony, and immortality, imparts and perpetuates these qualities in man, — through Mind, not matter.

Sensationless  
body

## SECTION 3

## The Bible

12 | [Psalms 34:2, 8](#)

<sup>2</sup> My soul shall make her boast in the Lord: the humble shall hear thereof, and be glad.

<sup>8</sup> O taste and see that the Lord is good: blessed is the man that trusteth in him.

13 | [II Kings 5:1–3, 9–14](#)

<sup>1</sup> Now Naaman, captain of the host of the king of Syria, was a great man with his master, and honourable, because by him the Lord had given deliverance unto Syria: he was also a mighty man in valour, but he was a leper. <sup>2</sup> And the Syrians had gone out by companies, and had brought away captive out of the land of Israel a little maid; and she waited on Naaman's wife.

<sup>3</sup> And she said unto her mistress, Would God my lord were with the prophet that is in Samaria! for he would recover him of his leprosy.

<sup>9</sup> So Naaman came with his horses and with his chariot, and stood at the door of the house of Elisha.

<sup>10</sup> And Elisha sent a messenger unto him, saying, Go and wash in Jordan seven times, and thy flesh shall come again to thee, and thou shalt be clean.

<sup>11</sup> But Naaman was wroth, and went away, and said, Behold, I thought, He will surely come out to me, and stand, and call on the name of the Lord his God, and strike his hand over the place, and recover the leper. <sup>12</sup> Are not Abana and Pharpar, rivers of

Damascus, better than all the waters of Israel? may I not wash in them, and be clean? So he turned and went away in a rage. <sup>13</sup> And his servants came near, and spake unto him, and said, My father, if the prophet had bid thee do some great thing, wouldest thou not have done it? how much rather then, when he saith to thee, Wash, and be clean? <sup>14</sup> Then went he down, and dipped himself seven times in Jordan, according to the saying of the man of God: and his flesh came again like unto the flesh of a little child, and he was clean.

14 | [Luke 11:34 when \(to ;\)](#)

<sup>34</sup> when thine eye is single, thy whole body also is full of light;

*Science and Health*11 | [120:4](#)

Soul, or Spirit, is God, unchangeable and eternal; and man coexists with and reflects Soul, God, for man is God's image.

12 | [208:25–29 A](#)

A material body only expresses a material and mortal mind. A mortal man possesses this body, and he makes it harmonious or discordant according to the images of thought impressed upon it.

Sickness as  
only thought

13 | [209:1](#)

Man, being immortal, has a perfect indestructible life. It is the mortal belief which makes the body discordant and diseased in proportion as ignorance, *fear*, or human will governs mortals.

14 | [242:1–3](#)

Through repentance, spiritual baptism, and regeneration, mortals put off their material beliefs and false individuality.

15 | [581:23–26 \(to \)](#)

**BAPTISM.** Purification by Spirit; submergence in Spirit.

We are “willing rather to be absent from the body, and to be present with the Lord.” (II Corinthians v. 8.)

16 | [14:1–5, 9–16](#)

If we are sensibly with the body and regard omnipotence as a corporeal, material person, whose ear we would gain, we are not “absent from the body” and “present with the Lord” in the demonstration of Spirit.

To be “with the Lord” is to be in obedience to the law of God, to be absolutely governed by divine Love, — by Spirit, not by matter.

Become conscious for a single moment that Life and intelligence are purely spiritual, — neither in nor of matter, — and the body will then utter no complaints. If suffering from a belief in sickness, you will find yourself suddenly well.

Bodily  
presence

Spiritualized  
consciousness

17 | [125:5–6, 12–16](#)

Moral conditions will be found always harmonious and health-giving.

As human thought changes from one stage to another of conscious pain and painlessness, sorrow and joy, — from fear to hope and from faith to understanding, — the visible manifestation will at last be man governed by Soul, not by material sense.

## SECTION 4

## The Bible

15 | [Psalms 85:8 \(to 2<sup>nd</sup> :\)](#)

8 I will hear what God the Lord will speak: for he will speak peace unto his people, and to his saints:

16 | [Psalms 63:5](#)

5 My soul shall be satisfied as with marrow and fatness; and my mouth shall praise thee with joyful lips:

17 | [Matthew 14:14](#)

14 And Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick.

18 | [Mark 7:32–36](#)

32 And they bring unto him one that was deaf, and had an impediment in his speech; and they beseech him to put his hand upon him. 33 And he took him aside from the multitude, and put his fingers into his ears, and he spit, and touched his tongue;

34 And looking up to heaven, he sighed, and saith unto him, Ephphatha, that is, Be opened. 35 And straightway his ears were opened, and the string of his tongue was loosed, and he spake plain. 36 And he charged them that they should tell no man: but the more he charged them, so much the more a great deal they published it;

*Science and Health*18 | [122:7](#)

The material senses' reversal of the Science of Soul was practically exposed nineteen hundred years ago by the demonstrations of Jesus; yet these so-called senses still make mortal mind tributary to mortal body, and ordain certain sections of matter, such as brain and nerves, as the seats of pain and pleasure, from which matter reports to this so-called mind its status of happiness or misery.

19 | [316:7](#)

Christ, Truth, was demonstrated through Jesus to prove the power of Spirit over the flesh, — to show that Truth is made manifest by its effects upon the human mind and body, healing sickness and destroying sin.

20 | [214:28–30, 32](#)

Neither age nor accident The senses  
of Soul can interfere with the senses of Soul, and there are no other real senses.

Spirit's senses are without pain, and they are forever at peace. Nothing can hide from them the harmony of all things and the might and permanence of Truth.

21 | [213:17](#) *Divine*

Divine Science reveals sound as communicated through the senses of Soul — through spiritual understanding.

22 | [394:32–10](#)

The sick unconsciously argue for suffering, instead of against it. They admit its reality, whereas they should deny it. They should plead in opposition to the testimony of the deceitful senses, and maintain man's immortality and eternal likeness to God.

Like the great Exemplar, the Divine  
authority healer should speak to disease as one having authority over it, leaving Soul to master the false evidences of the corporeal senses and to assert its claims over mortality and disease.

23 | [487:8](#)

There is more Science in the perpetual exercise of the Mind-faculties than in their loss. Lost they cannot be, while Mind remains. The apprehension of this gave sight to the blind and hearing to the deaf centuries ago, and it will repeat the wonder.

## SECTION 5

## The Bible

19 | [Psalms 30:1, 3, 4](#)

1 I will extol thee, O Lord; for thou hast lifted me up, and hast not made my foes to rejoice over me.

3 O Lord, thou hast brought up my soul from the grave: thou hast kept me alive, that I should not go down to the pit.

4 Sing unto the Lord, O ye saints of his, and give thanks at the remembrance of his holiness.

20 | [Acts 12:1, 5–11](#)

1 Now about that time Herod the king stretched forth his hands to vex certain of the church.

5 Peter therefore was kept in prison: but prayer was made without ceasing of the church unto God for him.

6 And when Herod would have brought him forth, the same night Peter was sleeping between two soldiers, bound with two chains: and the keepers before the door kept the prison. 7 And, behold, the angel of the Lord came upon him, and a light shined in the prison: and he smote Peter on the side, and raised him up, saying, Arise up quickly. And his chains fell off from his hands. 8 And the angel said unto him, Gird thyself, and bind on thy sandals. And so he did. And he saith unto him, Cast thy garment about thee, and follow me. 9 And he went out, and followed him; and wist not that it was true which was done by the angel; but thought he saw a vision.

10 When they were past the first and the second ward, they came unto the iron gate that leadeth unto the city; which opened to them of his own accord: and they went out, and passed on through one street; and forthwith the angel departed from him. 11 And when Peter was come to himself, he said, Now I know of a surety, that the Lord hath sent

his angel, and hath delivered me out of the hand of Herod, and from all the expectation of the people of the Jews.

### *Science and Health*

24 | [114:23–27](#)

Christian Science explains all cause and effect as mental, not physical. It lifts the veil of mystery from Soul and body. It shows the scientific relation of man to God, disentangles the interlaced ambiguities of being, and sets free the imprisoned thought.

Causation  
mental

25 | [85:2](#)

It is the illumination of the spiritual understanding which demonstrates the capacity of Soul, not of material sense. This Soul-sense comes to the human mind when the latter yields to the divine Mind.

26 | [242:6](#)

Denial of the claims of matter is a great step towards the joys of Spirit, towards human freedom and the final triumph over the body.

27 | [223:3](#)

Sooner or later we shall learn that the fetters of man's finite capacity are forged by the illusion that he lives in body instead of in Soul, in matter instead of in Spirit.

## SECTION 6

### The Bible

21 | [I Corinthians 6:19](#) *know, 20*

19 know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? 20 For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's.

22 | [I Chronicles 22:19](#) (to ;)

19 Now set your heart and your soul to seek the Lord your God;

### *Science and Health*

28 | [92:32–2](#)

Do you say the time has not yet come in which to recognize Soul as substantial and able to control the body?

29 | [550:12](#)

The true sense of being and its eternal perfection should appear now, even as it will hereafter.

30 | [428:8](#)

To divest thought of false trusts and material evidences in order that the spiritual facts of being may appear, — this is the great attainment by means of which we shall sweep away the false and give place to the true. Thus we may establish in truth the temple, or body, "whose builder and maker is God."

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